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## **'Success Is A Right, Not A Privilege'**

### **Introduction**

It took me two good years to write this book because of the impact I want the book to have in the lives of anyone who reads it, especially you...

This 'book tackles the problems we face on our way to achieving success from the root by equipping you with the strength, understanding, energy, motivation and inspirational tools needed to push you over those hurdles'.

Instead of chapters or sections, I have categorized the book into weeks. It has 66 weeks of strong, actionable and life changing messages which will uplift you to the greatness you desire in life.

If I have to suggest to you how the book should be handled or read, I would say; why don't you pick one message each week (preferably every Monday morning), absorb it, think about it throughout the week and follow what it requires of you...

Anytime you feel all is lost, when you need fresh strength, understanding or guide to dealing with a life block, run through the book and you will find a fitting message to help you take charge of the situation.

I settled for my most loving catchphrase 'Success Is A Right, Not A Privilege' as the book's title because that is exactly what I want you to know.

When I say success is a 'Right' not a 'Privilege', I am talking about success being a natural, universal, inalienable, inherent, divine right and not a legal right or any condition which you will enjoy as a privilege or by virtue of where you were born, live, etc.

The above therefore means you have a divine right to achieve the success you desire. This inalienable right is what the book will unlock in your life by offering you the motivation, boost, guide, understanding and strength to make a successful journey to your dreams.

I have intentionally borrowed a few quotes from certain prominent and 'philosophical' minds and have developed strong messages from these quotes to indicate that, there have been and there are many intellectual individuals with same correct understanding of success, happiness and greatness.

In this book, I have brought together some of the powerful messages I have written and exclusively published on my blog which have given readers the push needed to gravitate towards their dreams ( It has worked for many of my readers and it will surely work for you too). I have also added messages that I have not released anywhere or published on any of my blogs...

I am confident this book will lead you to your dreams and help you realize that, you have a divine right to succeed. All you have to do is go and grab it!

If you always wanted a chance, be it first chance, second or third to bring the change you desire into your life, then this book will take you there...

**About The Author**

Chris-Vincent Agyapong Febiri is a UK based Law Graduate, a Motivational Writer, an Internet Enthusiast & Entrepreneur, Web developer, Web publisher and a Blogger with special interest in Human Success, Personal Development and Achievements.

He believes 'Success Is A Right, Not A Privilege'. His personal blog is [www.TopVincent.Com](http://www.TopVincent.Com)

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### **Week 1: If You Don't Build Your Dreams, Someone Will Hire You To Build His...**

The worst thing that can happen to anyone is to kill his or her own dreams but spend his entire life helping others build theirs.

You may be wondering why any reasonable person will forgo his own dreams and rather help others build theirs.

The fact is, no matter how absurd the above sounds, many of us are doing this. We are trapped in doing things we do not believe in. We have been easily bought as 'slaves' to help the highest bidder build his dreams to the detriment of the dreams we had years ago.

Take a minute and ask yourself these questions;

What are your dreams?

What are you doing towards achieving these dreams?

As human beings, we are persuaded towards comfort. Our dislike for discomfort and adversity always aid us into going for the nearest options, even if we do not believe in these options.

The very moment you started looking for opportunities in life was the moment you gave preference to someone's dream. This was the moment you decided to become a builder of another person's dream.

Why am I saying this? Opportunities do not create themselves. They are created by people around their dreams. The creators of these opportunities which are centered on their dreams make them available for builders like you to see. You then grab these available opportunities and pursue them.

At this stage, what do you think you are doing? You are merely helping the creator build his mansion of dreams.

You may see it as a perfect opportunity to build your own dreams. The fact is, it has merely been designed to confuse you into thinking the road will lead to your dreamland. No, it will lead to the dreamland of the creator. Why should someone create an opportunity that will take him to your dreamland rather than his?

Until you start creating opportunities which will mirror your own dreams and build on these opportunities to take you to your dreamland, you will be deceived into helping others build their dreams, visions and billion dollar empire.

The pathetic part of this is that, there is always going to be a 'dim-witted' lazy individual out there looking for opportunities. This person will continue to buy into opportunities created by others to help them build their dreams, thereby forgoing his own.

I just pray you do not become this person but rather the creator who gets help to build his dreams.



## **Week 2: Success Easily Comes To Doing A Job You Enjoy...**

Most of us are 'self stuck' in jobs that we hate. We are 'self stuck' because of our lack of willpower to take risks and our fear of failure has glued us to a job that we have no passion in doing. I have heard several friends and acquaintances saying, I do not like my job...the funny bit of this is that, they are not doing anything to get out of these jobs.

Success brings joy, peace and above all self pride and fulfillment. These churn out amazing feelings that settle the soul, an ingredient for long life and better human development. The opposite of these are what comes with failure.

Apart from the usual venom of being curtailed in life when stuck in a job you hate, it also affects your personal development, happiness, hope and zeal for a better tomorrow.

No matter how great or worthy your job pays you, if you hate it, a lasting success in such a job cannot be achieved. Even if it did, it would demand superfluous efforts which would not have been needed if you were already doing the job you enjoy. After all this, you will still lack the inner peace, joy and self pride because you simply hate the job.

Johnny Carson realized the perfect attraction between doing a job you enjoy and success. He once said "Never continue in a job you don't enjoy. If you're happy in what you're doing, you'll like yourself, you'll have inner peace. And if you have that, along with physical health, you will have had more success than you could possibly have imagined."

As we start a new week, put in an extra effort to step out of the job you hate so much. It is slowly killing your inner peace, self development, motivation and the success you deserve.

### **Week 3: How To Gravitate Towards "Becoming A Millionaire", The Simplest Realistic Concept But Difficult To Practise**

Many are of the view that success is relative. I do not contend this stand but in our world where many are chasing a common goal, this fades away the relativity of success, crafting a common objective measuring rode for us all.

Most individuals would love to become millionaires one day; a set target to signify a successful breakthrough in their lives of hard work and running around. We have set a common goal of "becoming a millionaire", however we are lost as to what direction to take to reach our "millionaire" goal.

It may be disheartening to read this but I cannot find any euphemism which I can employ to make it any better. A majority of the people working towards "being millionaires" will never live to see this materialized. I am not a Sorcerer but I am far certain as to why the majority's millionaire dreams will remain an illusion.

The moment you take the wrong direction to a destination such as "being a millionaire", unless you realize you are on the wrong path and result to a vigorous "U-Turn", you will be lost in your chase forever.

Working hard is fundamental to achieving everything including the subject in discussion but no matter how hard you work towards the wrong direction; it will not lead into a change of location of the object you are working towards. You will walk as far as your legs can carry you, yet you will never find your target since it will be resting opposite to the direction you are headed to.

The right direction to take towards achieving your millionaire goal is "working for yourself". As long as you continue to slave for another person, you diminish the tendency of becoming a millionaire through your work. (Unless you win some Jackpot which is a no go area for any realist).

Working for corporate bodies or businesses may sound cool and easy way out in life but it is time you realize that, you are slaving to make the owners (employers) millionaires whiles you are left with a mere millionaire fantasy.

Be real here and think about this, do you feel your boss or the company you work for wants you to be a millionaire? Who will do their grubby jobs for them if you become the millionaire you desire and quit?

They want you to continuously wake up each Monday and come to them to offer your prestigious services in return for a penny of the actual value of the services you are rendering them. They will never pay you enough to enable you save or invest as much as it is desirable to make you a millionaire. In fact, they are sucking the hell out of you.

The sad thing here is that, you do not even control your income, it is fixed and they control it. If you want extra money from them, you will have to do extra work. What if they put a curb on how many hours you can work? Definitely, this is never the way to gravitate towards "becoming a millionaire".

If you really want to materialize your millionaire fantasy, consider working for yourself. This is the simplest concept towards becoming a millionaire. Would it not be pleasant to be able to increase your income as much as you want by twisting your input?

It will be sad to know that you prefer being on board to being in charge of the board. Take up the wheel of your success and steer it towards becoming a millionaire. Why have a slave master in this contemporary world? I thought slave trade was abolished years ago...

Working for yourself is never equal to slaving since you are doing it for yourself. I am sorry I cannot say the same for working for the boss and company you hate and despise so much. Increase your gravitation towards becoming a millionaire today by considering "working for your self".

To become a millionaire, you need to be a free man and not a slave. It is practically impossible to meet a slave millionaire but we see millionaire slave masters all around us. The former or the latter? You choose!

### **Week 4: The Reason Why Your Life Is Difficult**

'Life is difficult' and it is the same for everyone. I hear a lot of people unconsciously saying, their lives are difficult. I mostly reply by saying; who said it was going to be easy?

The difficulty of life is embedded in its lousy and uncertain nature. Beneath the difficulty of life which we mostly complain about lies the most precious gift of muscles building.

The journey to overcome life's difficulties makes us stronger and enables us to build priceless skills which we need to establish the purpose of our existence.

The beauty and wonders of our existence are all buried in the difficulty of life. For us to be able to find the true purpose of our existence, build fathomless skills and perfectly grow our inner beings and muscles, we must fight the difficulties of life. That is the only way we would be able to develop ourselves and achieve greatness.

What is greatness if it is achieved without difficulty or hard work? Achieving greatness is only possible because life is difficult.

The difficulties we go through in life to achieve greatness are what make it worthy and enviable. After all, who will consider something great or will envy it if it could be obtain without any effort? Do you envy your friend who has failed?

The obstacles creating difficulty situations in life are the same stones we must step on to triumph, serving as a platform for our success and muscles building. These obstacles provide the resistance to strengthen our life muscles.

It is painful that we always have to knock them off with our muscles and work hard to overcome them, but once we have conquered them, it is very satisfying to feel and see your life muscles growing tougher and tougher.

The muscles and strength we need to move from one level of life to another can only be acquired by overcoming the obstacles we meet on our journey.

For a perfect understanding, look at life as a video game with several levels. There are no easy cuts or cheats to the next level unless you have conquered and mastered your current level. All the obstacles you will come in contact with at your current level are meant to build you up for the next big jump.

Remember there is no way we can build our life muscles and achieve greatness without life's difficulty. We must appreciate, accept and acknowledge life's difficulties so that we can see the various great opportunities and skills these difficulties bring us.

To achieve the enviable greatness we desire, we must therefore slowly work our way through life's difficulties, building a portfolio of knockouts and bounce backs. There are no short cuts to building your life muscles, so face the difficulties of life with pride. Life is difficulty...because that is the only way greatness and fulfillment can be achieved.

## **Week 5: How To Confidently Move Forward Even In Times Of Difficulties**

The phrase 'life is difficult' has been over heard. Anytime it comes up, I answer by saying 'but who said it was ever going to be easy?'

As we go through life, the days when all hope is lost and the whole world seems to have turned against us will keep reappearing. The days when we will begin to doubt our strength and capabilities will consistently be met. These days are the difficult times...

Moving forward confidently in difficult times is an act that must be mastered if you really want to get to your dreams.

For you to be able confidently move forward in times of difficulties, you must strongly focus on where you intend to go, instead of where you have sadly found yourself. Consider the difficult location you have found yourself as a temporal spot necessary to push you to your intended destination.

Many times when we find ourselves in such undesirable spots, we spend so much time and energy complaining and wallowing about how unfair things are to us.

We must remember that complaints do not get anything accomplished. In such undesirable moments, we must tap into the negative energy which surrounds us and convert that into a force-to help us jump to our destination.

In order to covert the negative energy and undesirable results that befall us, we must let these misfortunes inspire us, build and rely on them to creep forward.

We must decide not to end our journey until we get to where we intend to go. Anytime we fall down, we must use that short pause to remind ourselves of the great place we are heading.

Moving forward at anytime is difficult; it becomes even more difficult if you have to do so at the lowest point of your strength. However, you can easily inflate your strength bag if you continue to remind yourself of the enviable place you intend to go.

Anytime you face setbacks on your way to greatness, quickly decide to make those setbacks work for you by inspiring and building you up for the rest of the journey.

Your intended destination can be reached; all you have to do is confidently keep moving forward.

### **Week 6: Start Building Your Life Now!**

The most dangerous thing we can do to ourselves is failing to plan for our existence. The ability to shape and build our lives is the greatest gift available to us.

The problem however is that, most of us have no personal plans and therefore end up tapping into the plans of others. Leaving someone to build your life for you is extremely suicidal.

You will not leave your most precious properties in life to someone...so why let someone build your life, your future and your wellbeing?

Most of us are doing nothing towards building our lives. After all, that is the easiest thing to do in life...Do nothing. However, nothing gets done by doing nothing. Your life will not get itself built by simply doing nothing.

It is heart breaking that we spend lots of time caring about the things we care about without rendering any service to them. Simply caring about something is not enough. It will not build that thing into its fullest capabilities. To build a life, we must begin to invest our time and strength into the things we care about.

We must stop being watchers of our lives, patiently waiting for something to fall on our laps. Remember nothing gets built by just waiting or watching.

Many of us are so comfortable and content with doing nothing. That is never the way forward in life. For us to build a better life for ourselves, we must begin to acknowledge that being comfortable as a sign of having more to do, not a sign of less or nothing to do.

Even if for nothing at all, it is our own lives and we owe ourselves the highest duty to make it worthy...

Why don't we get into the habit of building a strong life and future for ourselves? Our dreams and wishes of a better life will not play itself into action. We got to look beyond today, dismantle all those empty wishes and forge forward for a better tomorrow.

Start building your life now...Remember every moment is an opportunity to lay a building stone. A moment lost or used unprofitably is a life building opportunity lost. Even reading this is one of those wakeup moments.

### **Week 7: Our Minds Define Us & Control Our Success**

The Great Gautama Buddha once recognized the foundation on which our well being and success as human beings rest and simplified the complex nature of our ups and downs in life by saying "We are what we think". A stretch of this will mean, we become what we want to become in our minds.

He might have plagiarized this saying from ancient teachings and scriptures but that should not be of any relevance to this post. What we need to know is not the source of this simple principle of fetching success but the power behind our own minds.

It might sound ludicrous to be told that, most of our failures in life are as a result of our own thinking. Yes, you're the devil bewitching you own success and your progress in life.

No matter how absurd this may sound to your supreme intellect, it is an undisputed fact that when you fail in your mind before you even set off on a journey, you will surely fail on your way. If you begin by thinking you cannot jump a hurdle, do not bother jumping because you will surely not be able to jump it.

If "It's not the size of the dog in the fight, but the size of the fight in the dog" that matters, then surely it is not the size of our minds we channel towards success that matters but the success in our minds.

Our success and zeal to continue chasing our desire in life is in tuned with our confidence and perseverance level. Confidence and perseverance dwells in our mind, making the mind the most effective and instrumental source of success in life.

Do not give way to negativity in your mind as it will certainly manifest in your everyday life. Negative thoughts breed negative results. This is a disease whose cure is only at its source, the mind.

The mind carries a moving power that performs a dual function of push and pull depending on the direction we place it. Your success will be pushed far away from all your tedious efforts when you fail in your mind. Any element of doubt in your mind gives way to uncertainties in your success.

A positive mindset is followed by a strong force of pull that drags success into our lives. The failure and success in our everyday life is largely controlled and determined by the power our minds discharge towards our goal.

Why are you masking your own success with failure (negative thoughts)? Why are you bewitching the greatness that stands not far from you with doubt?



My deepest fear in life is that, our minds are powerful beyond measure and yet we do not know. Engrave success and good deeds in your everyday thinking and it will manifest in your everyday life. The evil we think breeds the misfortunes we encounter. Acknowledge the power and might of the mind and direct it positively towards your goal.

### **Week 8: If You Are Going Through Hell, Keep Going...**

Despite how lousy the road to success is, there is something which can be acquired to help you make it there eventually.

We go through a lot in life as we journey and gear all our efforts towards attaining success. Many of what we go through can be avoided, but then the alternative route only becomes vivid after we have jumped into the fire.

All achievers have gone through hell and many of us seeking to achieve will surely go through hell. For some reason, it seems success lives not far from hell, on a one way road from where we are placed.

My title 'If You Are Going Through Hell, Keep Going' may sound harsh and unpleasant but that is the only realistic way to achieving success...

Anytime we are placed in a tight corner as human beings, we stretch for the nearest solution which is to give up. However, success does not come by giving up on a chase. It comes as a result of perseverance.

Success does not spring from just beginning something; continuance is necessary. No matter how big the gate is, if you knock long enough and loud enough, you are sure to wake somebody up.

So if you are going through hell in life, keep going...As Robert Brault said, 'stubbornly persist, and you will find that the limits of your stubbornness go well beyond the stubbornness of your limits'.

How long you can endure going through the hell you find yourself will determine how great your success will be.

The only option available when you are going through hell is to give up, and that is plain failure. So what do you choose? Will you continue to go through the hell or give up as many have done-failure? I pray you do not choose the latter.

### **Week 9: Action Is Progressive, Omission Is Stagnant & Retrogressive**

*"Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover." Mark Twain*

The above quotation from the American humorist, writer and lecturer who lived from 1835-1910 can be brought in line with another powerful saying by Helen Keller. Keller said, among other things that, 'Life is either a daring adventure or nothing at all...'

As we nurture our way through life, there are so many things we desire to do for ourselves, friends and family. Most of these things are never done or given a much pursuit owing to several forces such as the fear of failure, procrastination and fear of stepping out of our comfort zone.

What does life become if we continuously omit to act and continue to dwell just within our comfort zone without exploring all that is near and beyond. Our failure to act deprives us from achieving something or nothing. Life is not about sitting on the fence, it is about something or nothing and this can be achieved by acting.

I have always seen the person who acted or made a chase and failed as a Hero compared to the one who did nothing at all. Is it not satisfying to look back and be able to say, I tried this before but did not succeed, rather than I did not attempt it at all?

As we start a new week, let us not disappoint ourselves in years to come by omitting to act, by failing to act and by doing nothing about the things life throws our way. Let us put on our protective boots and step out in the rainy wild world in pursuit for happiness and that which we believe in and deem preeminent in life.

Look around you and examine what society is presenting, grab the opportunities around you and move with the dynamism of our contemporary society. Let us have dreams. Let us not just hold our dreams in our little world. Step out into the big world with your dreams to discover more and achieve your dreams.

Even if you act and fail, you are better than the one who did not act at all. You are a winner just from acting; the result of your action is only a reward to your winnings, so why fail to act? Do not be dormant, an 'automatic loser.'

The very prime reason why you will be more disappointed by the things you do not do is because you would never even know what the outcome could be.

Action is progressive, Omission is stagnant and retrogressive. Step in for the former, for even if you look back one day and regret, it would be less of a regret than if you pick the latter.

### **Week 10: Achieving Your Dreams...**

As much as most people have ambitions and that which they desire to achieve in life, most of our ambitions and aspirations continue to remain unachievable through our journey in life.

Many individuals have dreams and have popularized themselves with just having dreams. Achieving these dreams would never come to pass as there is no vigorous effort towards realizing these dreams.

The concept of having a dream is just enough for certain individuals, be it that the dream is achievable or not is out of their contemplation. I have dreams and regards for dreams, but just having it is never enough for me since every individual can have the same or even galloping dreams.

An apparent difference between a mere dreamer and a dream achiever is seen in the reasonability that engulfs their dreams and the progressive efforts being made towards the realization of such dreams.

We deceive ourselves with unrealistic dreams; I call such dreams "illusionary dreams" as we hold them in dishonest to ourselves. Their realization will never be attained, yet we empower and hype our ego with them.

I believe in realistic dreams and not big illusionary dreams. How sad would it be to hear a non citizen of a nation, entrenched in a dream of becoming the next President of that nation, when in actual fact, only by birth citizens can progress to such a high office? How dismal would it also be to be part of a group of dreamers who despite their realistic dreams are making no progressive efforts towards the realization of these dreams?

The dreams of the former sound immature and waste of one's mind; the latter is a dream that wastes a generation of achievers. It is good to have a dream, better to have a realistic dream and best to work towards achieving your realistic dreams.

Do not hype yourself and ego as a person with million illusionary dreams but hold and work towards your realistic dreams; for having just a dream is a concept, adoptable by anyone but achieving your dream is an act, adoptable by just a few individuals called Achievers. Be an achiever to your dreams by working towards it and don't just be the man of million dreams.

## **Week 11: The Fear Of Failure Cripples Success , How To Overcome This Fear**

Many have come to recognise and accept that the greatest enemy of mankind is our own minds personified by the fear of failure. Even the strongest minds of our time cannot swank of there not being a single time where the fear of failure has curtailed their thoughts on achieving that which they believe in.

The fear of failure is a natural disease living with the human mind. Its precincts are not restricted and can far stretch to affect anything we set our minds on to achieve. It strikes like an authoritative thunder which sets out in a clear light what would happen should you fail on a desire journey of progress.

As if you are not already aware, you would constantly be reminded of the fact that the money you are holding in pursuit of your investment is not yours. And you would be in deep anguish should something go wrong which is highly likely to happen, the fear of failure would tell your mind this.

If what you seem to gravitate towards is not money and investment, and it is something like an examination, you would be thrown into a deep pit labeled "you are going to fail". The negativity and fear that engulf our desire to succeed is the element or fear that cripples our achievements.

Certain infinitesimal aspects of our efforts to succeed is motivated by the fear of failure; that is in certain people it is when they fear to fail that they work hard in projects to jump a particular hurdle. However, in the minds of the majority, this fear shuts and kills the drive to chase a projected success.

As most diseases have their own cure, it is the same for this success killing disease. The cure to the fear of failure is the desire to take risk.

Risk bearing is a fundamental mindset of every entrepreneur and achiever; this is because it is the only known and proper cure to the fear of failure. When we are attacked by the fear of failure, an element which curtails success and progress, we should quickly restructure our minds and efforts to employ the cure of risk bearing.

We should be able to say to fear of failure, yes we are aware we can or may fail, yet we are picking the option of "Bearing Risk". Having a well induced risk bearing mind brings you to a closer proximity with success and with this tool, you would definitely triumph over the fear of failure.

## **Week 12: Your Desire For Success Must Be Greater Than Your Fear Of Failure If You Want To Succeed**

It is perfectly right and admirable as human beings to have regular reflection and planning exercises via which we examine, scrutinize and carefully analyze the steps we have taken and the yet to be taken in the light of whether they have helped or would help in achieving the success we desire in life.

As we engage in the above, the one thing we should make of prime concern and influence is to the greatest altitude towards our desire for success. We all have a desire to achieve an abundance of meaningful things in life, but "Is our desire for success greater than our fear of failure?"

A successful or would be successful individual has a much greater desire for success compared to his fear of failure. On no certain terms would any person be able to achieve the success he desires without stepping out to take up the work needed to be done and the risk needed to be embraced on his challenging journey.

When your fear of failure supplants your desire for success, it holds you back, making you extremely reluctant to step out there to chase your dreams.

No matter how aggressively you want success in your life, if your fear of failure as to the journey to be taken to bring the success you desire outweighs your desire to succeed, you will not attain the success you deserve. In fact, you may never even start the journey.

As we start a new week in our lives, let us bear in mind that, for us to succeed in life, our desire to succeed must overshadow our fear of failure.

Stand tall and ignore the messages which continuously remind you how much of a failure you have been in the past and therefore will fail again in your next move.

Love and lust after your potential success, let it be part of your everyday life as if nothing exists called failure. With such a robust outlook and a mind-set full of desire to succeed undermining your fear of failure, you will surely achieve the success you desire.

### **Week 13: The Only Way Forward Is To Think Positive**

It is far too unreasonable to ask mankind to continually think positive even in the midst of the various problems that engulf our everyday life. Life is tough and it has been tough since time immemorial.

No one ever said it was going to be easy anyway, and even if someone said it, there isn't any guarantee for such a buoyant promise, so do not rely on it. We have no option than to find a workable way around the tight fixed thorny walls of life within which we are placed.

Fixed to a tight corner and presented with unfavorable conditions each day, such state of affair pushes us to endlessly lament over our lives. Many of us cannot even remember a day we got up from our beds and did not think about how sad and pathetic our lives are, despite all our optimism and hard work geared towards making it better.

It is an undisputable fact that life is not fair. It is true that life has been mean to us without any justification. Life does not owe any of us any sort of explanation and it is not accountable to anyone for whatever it bestows on us.

Just think about this for a minute, life by its natural composition is mean and wicked and despite all this, it has an absolute sovereignty to do what and as it pleases. It therefore means that life will continue to crucify us until we find a way to deal with our follies which makes it easy for her attacks.

We all want to be somewhere, move out of our dismal lifestyle and achieve our dreams. Stand tall and strong, and join the sturdy army of successful men and women who have battled and defeated life, thereby riding high in excellence, glory and achievements. We want to move forward, move out of this tight corner we find ourselves in all the time. We certainly know what we want to do but how do we do it?

The only tool needed to break this chain cuffed on our hands by life is our individual minds. The only way forward is to think positive. Life as an enemy will be confused in her own endeavors if above all the atrocities and unsettled waves it throws at us, we are able to think positive and forge forward.

I know it sounds unreasonable to do so especially when your life is fully "suckered" but maybe it is the unreasonableness of being able to think positive when all hope is lost which will push you out of the doom to becoming the boom.

Let us start this week with a positive mindset and attitude. It doesn't matter what circumstance you find yourself. The antidote to getting you out of even the worst situation is your mind and positive thinking.

In all things, remember what Buddha said "We are shaped by our thoughts; we become what we think. When the mind is pure, joy follows like a shadow that never leaves."

Your mind defines you and sets the pace for your movements. Be positive in your thinking because that is the only way forward in life. Bear it in mind that what you think, you will become. Good Morning and Have a great week!



### **Week 14: Competing With Yourself Is The Key To Success**

Competition is an effective tool needed to keep mankind on track on the path of success. This tool has two cutting edges and therefore can produce two opposite results depending on which edge is in use.

I like to compete in life but only with myself. Any other form of competition such as competing with your friends' achievements, that of your siblings, neighbors or foes is an erroneous move which puts unnecessary pressure and restrains on you and your achievements.

Have a close look at your fingers and you will quickly come to a quick realization that "all your fingers are not equal". No matter how much competition they dig into with themselves, they can never be equal, yet they all have important and unique function to perform.

Examining and scrutinizing your life in efforts to have a vivid picture of your achievements and thereby setting up goals to attain the targets you have set for yourself is what I call "competing with yourself".

For instance, if you just wrote an examination and you attained a pass mark of 70 and looking at your "own" achievement, decide to improve on this by targeting 90 the next time, it is perfectly right and a good move. This is what competition in life should all be about, "Competing with your own achievements".

What competition in life should not be about and yet it has become a common practice of all of us is putting ourselves in competition with others. Looking at the achievements of any other person apart from yourself and indulging in a direct or indirect competition with that person puts unnecessary pressure on yourself.

You are different from any other person and the circumstance under which the person achieved "something" can never be the same as that which you will find yourself. Even if the circumstances look identical, they are never the same.

Apart from the unhealthy pressure you bring to bear on yourself when you set your achievements in a race with others, competing with others is likely to breed jealousy and rivalry. What happens if you are not able to achieve what your opponent does or have achieved? Where is your uniqueness and identity if all you do is to put yourself under pressure to achieve what others have attained?

Do not get me wrong, looking at the achievements of others and drawing motivation or inspiration from them is absolutely right. There is a clear distinction between drawing inspiration from someone's achievements and setting yourself in competition with that person or any other person.

This is a new day and it will be prudent if you can re-examine the sort of competition you are engulfed in, as far as life is concerned. Are you in competition with yourself or with others?

Life is not a race and competing with others is exactly what we say life is not. Set up your own realistic goals; compete with yourself to achieve these goals. This minimizes all external life pressures; it is the key to success. Grab this and you will see a significant difference in your life achievements.

**Week 15: There Is Nothing In-between Success & Failure Called "Trying", Stop Celebrating Mediocrity In Your Life.**

Many are times when we deceive ourselves and soothe our failure with phrases like "I was just trying", "I tried" or "I will give it a try". Some of us have convincingly created a chimera space between "Success" and "Failure" called "Trying".

As we forge forward in life, the constant deceit of ourselves in relation to the state of affairs in our lives is a major factor channeling our inability to achieve the success we long for. Celebrating mediocrity is not far from accepting whatever less comes your way.

In a majority of instances and endeavors, many of us have consciously created a "3 strata of progress" namely "Success", "Trying" and "Failure" when indeed there should only be 2 layers of development. It is either a Success or a Failure.

In our efforts to run away from shame, our failure and be less responsible for our mistakes which we need to accept so as to build new structures, ideas and opportunities to combat on our follies, we glorify our failure by labeling it a "try".

The danger of failing to acknowledge failure as a total fall on the back, hence the need to reconstitute yourself and bounce back by calling it a mere "Try" is that, you do not feel and do not take full responsibility of your inability to attain the desired Success.

There is no pain attached to "Trying". You do not feel any substantial hurt in your achievements, neither do you feel you have lost anything since you were just trying or you just gave it a try.

I will give it a try is a losing mindset. Do not live by this fake concept of finding refuge in-between Success and Failure.

The difference between a failure and "tryer" roots within the aftermath of their actions or omissions. Whiles the former will acknowledge his failure, re-develop and build up himself and come back with a full force to achieve that which he initially failed to accomplish, the latter moves on to try the next available project, he does not feel the need to evaluate what went wrong, let alone consider a come back. After all, it was just a try, no hard feelings.

It will serve us better if we become truthful to ourselves by acknowledging "Success" and "Failure" as the only available layers in life which will then lead us into a necessary voyage towards the eradication of the false success "look alike" layer called "Trying".

Anyone who seeks to glorify his failure will not see the positive side of failing-learning from your failure. Let us not celebrate patchiness by attempting to bridge the gap between Success and Failure with this mislaid concept of "Trying".

Whoever says I tried, I was just trying or I will try is worse than a failure, because he does not even acknowledge his own failure, let alone to learn from it. There is nothing like "Trying", it is either "Success" or "Failure". You chose!

## **Week 16: Living Your Dreams Is The Ultimate Success Of Life, Go For it Or Become A "Common Failure"**

Having a dream is one of the most common "state of mind" in our lives as human beings but living this dream is the most difficult part of our existence. Our aspirations in life are mostly fused in our dreams which entails how we want our lives to be.

I am yet to bump into a person who has no dreams in life. No matter how diabolical, unrealistic, infinitesimal or dicey an individual's dream may seem, being able to achieve and live that dream amounts to the greatest success in life.

As many agree to the fact that success is relative, so do many believe success comes in levels. The highest stratum of the divisions is what I term the "ultimate success" and this is only attainable when you are living your dreams.

We all have dreams coined some years back which we often fantasize. The beauty of these dreams is the smile it puts on our faces when we imagine ourselves living them.

If a mere imagination can uplift our spirits and send out amazing smiles, then living these dreams in reality will bring the greatest comfort and laughter into our lives.

Despite the exquisiteness of living a dream, majority of us have or will drop our dreams as we journey through life mostly because we cannot continue with the tedious chase.

Sidelining your dreams to pick the next available easy way of life which you settle or intend to permanently with as an alternate to your dreams will never fetch you the "ultimate success" you deserve in life. Some strong minded people will call this a "common failure" though certain comforts may still be achieved.

Any permanent diversion out of your dream course is equivalent to failure. However, a temporal diversion which serves as a stepping stone or a "necessary failure" to achieving your ultimate success is a right and recommendable move.

Do not enduringly settle for anything that comes your way if it will not escort you to achieve your dreams (ultimate success). Absolute happiness and comfort dwell among those who are able to tiresomely forge forward to achieve their dreams.

Do not just be a dreamer; do not surrogate your dreams with anything that falls on your laps.

They are your dreams because they are unique and form a fundamental part of your happiness. Your dreams do not have any close substitute so stick to them and chase them vigorously all your life.

The attainment of your dreams will bring you the “ultimate success” smiles and happiness. Keep channeling all that fall on your laps towards your dreams and surely you will get there. The sad part of giving up your dreams is that, you will never know how it would have been should you have continued the chase.

## **Week 17: How To Become Your Own Motivator, A Necessary Skill To Achieve Success In Life**

We have to be frank with ourselves; we all have those days, weeks or even months when we slide down and feel low. It happens to everyone and most times, we result to external things or material possessions to motivate us or push us back on our toes.

There are days when I wake up and I do not feel like doing anything. I begin to ask myself so many questions such as; why am I even writing all these articles, is it really worth it, can I really achieve that goal, am I good enough at what I am doing, will I succeed in this, am I doing well in life and all that...

On such days, you begin to doubt your skills, abilities, intelligence, judgment, your appearance, your vision and all that you believe in and hope for. You stop trusting your efforts, your dreams and the fact that you can achieve the success you desire.

It is during such times that motivation or a little push is needed to put you back on your toes. Falling on external sources such as your partner or friends to talk you into gaining your strength and confidence back is fantastic, but how many times would you go to them without being considered as a burden or a person who lacks the necessary confidence and motivation in life?

You cannot always fall on people for motivation; they will surely get tired of you. Even if they do not, your constant downside will begin to affect their motivation too, pushing both of you into a ditch.

This is why becoming the captain of your own ship is the best thing to do in life. Instead of relying on friends, family and other means to motivate yourself or push you towards achieving the success you desire, it would be extremely empowering to be self-motivated.

To be frank, only a few people are able to motivate themselves, this is because it is a skill that you have to learn and build upon as time goes on. Even though it is a simple but necessary skill, most of us lack this skill in our lives.

What mostly pushes us into depression (lack of motivation zone) is our failure to balance our struggles with our achievements. When you consider your failure in isolation, without sidelining it with your achieved success, you are definitely bound to "feel down".

To become a self motivated person in life, you must always sideline your failure with your achieved success, your struggles with what you have already accomplished in life.

When you look ahead of you and see the stretch of land that you have to cultivate to get to your destination, this is the time you have to quickly look back and smile at the yards you have already cultivated. That way, you will be having a balanced look at things.

Looking only at the successful friends of yours will help in pushing you into depression. Why don't you also look behind you for the friends who have failed and those you have achieved a lot than in life, those struggling to be where you are today?

Balance your reflection of failure with your success. Do not solely look at your friends achieving the best in life to make you feel like you are the low-life human among them all.

When you look at the achievers, look at those who have failed too. In doing so, you would surely find many ahead of you and dozens behind you. You will then realize you are not after all doing that bad in life, which is the push needed to keep you going.

Remember you have to motivate yourself and you can do so by always looking at your failures and struggles alongside your achievements.



### **Week 18: Laying A Firm Foundation To Achieve Success**

*"A successful man is one who can lay a firm foundation with the bricks others have thrown at him". David Brinkley*

The diversity of mankind in our thoughts, attitude and way of life is what defines us as unique individuals. However, no matter how distant our ideas and mindset about life seem to be from each other, there is always that common target point of "achieving success" in whatever direction we tread on in life.

We may seem to be walking in different paths of ambition and putting up unequal structures aimed at guiding us on these paths, yet, we are all heading towards a common goal of attaining "Success".

The very fact that everyone of us is working so hard towards a common focal point in life depicts the important and highly combustible nature of the point we are gravitating towards. Yes, the closer you get to success, the more difficult, stormy and fiery the path becomes.

The ability of a person to keep motivated, focus and hold up his path towards success is enshrined in his attitude, structures and the foundations laid to combat the turbulent path of success.

The foundation on which your success rests therefore becomes the most crucial ingredient of fetching success, in fact, a determinant of whether you can resist the chaotic trail of attaining success or not.

Everyone would fairly expect that the important nature of the foundation we lay on our success path means we should have control and be presented with the opportunity to pick up the bricks we use for this very foundation so we can grab the strongest bricks and build up a sturdy foundation against "on-way" obstacles.

This is perfectly a rightful expectation, but who said life and the people we are battling with are fair players? The unfair nature of life and the people we live with means you have no choice in the bricks you use to define the foundation of your success. It comes as a gamble, whatever they throw at you; you definitely have to use those bricks to build your foundation.

And I do not have to remind you that life and these people will always throw the weak bricks at you. Do not ask me why and if you just did, I will tell you... because life is jagged and will always want to "screw" you.

We are constantly at a game of war with life and others, either they succeed in screwing us on our path to success, or we screw them and beat them to their "own" game. If we are

given the choice to pick robust bricks to lay the very important foundation, then we would surely beat our competitors (life and others) to their game and they do not want that.

Since we do not have that choice and we are still keen on being successful, we must use whatever bricks are thrown at us to build a firm foundation. It is only when we build such a robust foundation from the weak and broken bricks that we can fetch the success we desire.

Remember life and its associates are mean/tough. We should therefore not give up on our path to success when they throw their bricks at us. Instead of crying after a hit, we should quickly pick those stones, examine them, learn from their nature and fix it in our foundation.

We do not have a say in what they throw but surely we have a say in how firm we lay our foundation with what they throw at us. Let us lay a firm foundation by learning from our experience and that of others, look at how other successful individuals were able to crop a firm foundation from the weak bricks life threw at them and always remember "a successful man is the one who can lay a firm foundation with the bricks others have thrown at him".

Check your foundation, if it's not firmly laid, let us patch it up as we continue to fight for success.

### **Week 19: Achieving "Ultimate Success" In Life**

It is very fulfilling and satisfactory to achieve success in whatever project we undertake in life. The feeling is even more awesome if you have once failed and have then had the guts to rise out of failure to achieve the success you have always wanted.

The ultimate wonderment of success is never seen in the accomplished output but resides deep in our hearts. Achieving success to some of us is to portray to others how thriving we are when it comes to whatever project we are working on but success goes beyond being seen as an accomplisher among your peers or certain group of persons.

Our want for success and greatness always leads us into chasing projects which we envisage as rewarding, thereby neglecting the imperative elements of our livelihood "Love, Belief & Passion".

Success would have a more meaningful structure if it is not the sole reason why we embark on projects. Achieving success with any work done is satisfying, but it becomes "ultimate" when it naturally comes out of us doing what we love and believe in.

Many of us are successful with our jobs, holding the ultimate positions within our fields. This sounds like an absolute success and accomplishment, yet these achievements do not hold within our own hearts. Our hearts still feel empty since we have not achieved the ultimate success we desire.

Our inability to obtain the ultimate success we yearn despite our accomplishments is entrenched in our lack of passion, love and belief in what we are achieving or have achieved success within.

The above is what George Burns acknowledged in his words "I honestly think it is better to be a failure at something you love than to be a success at something you hate".

As we strive to become the successful person we dream of in life, our passions, beliefs and love should be the fundamental guide to whatever we embark on.

Though we always want success as human beings, we should not aim for that in our endeavors, as David Frost said "...we should do what we love and believe in and then success will come naturally". Ask yourself if you believe in what you doing, if you naturally have the passion for what you doing or if you love what you doing?

It is when we harvest success out of doing what we love and believe in that we will achieve the "ultimate success" we howl for, the success that goes beyond being a mere achiever, the one that would fill the success vacuum in our own hearts and proudly reside there forever. Gird up your loins and chase what you believe in and love, and success will naturally follow your passion.

## **Week 20: The Simple Formula To Achieve Success In Life**

Like most other things in life "Success" operates along certain rules or has a common simple non-mathematical formula. The most interesting aspect of the "Success formula" is when you conquer and master it within a field; you can easily transfer the formula to your next target and will surely succeed out there.

The formula works with everything, there are no exceptions to this formula no matter your location and what you are gravitating towards. Have you wondered why most successful men have different businesses doing so well?

It is because they have found the simple formula to achieving success in life and they are continuously applying the same formula to every business they find under their radar.

One may ask, if our ability to succeed is dependent on a very simple common formula as I am saying, then why are we not all successful. The answer to this is simple, our desire to succeed drops immediately we encounter an obstacle or face any element of failure.

When a drop in effort, desire or energy is experienced, we move out of the simple formula to achieving success and begin to pursuit success with our own intellect and smartness.

I see this simple common formula to fetching success like advance gravity, which you cannot beat with your intelligence or smartness.

The Second World War fighter and Harvard Graduate-Sloan Wilson said "Success in almost any field depends more on 'something' than it does on intelligence. This explains why we have so many stupid leaders." So you see; smartness or intelligence is never the fountain-head to achieving success.

You must be still wondering what then is needed to achieve success if it is not wholly dependent on the smartness and intelligence of an individual. The formula is very simple and its simplest application will bring out the desired success in everything we do.

However, staying within the rims of this simple formula to achieving success is what we lack. We yearn for instant and quick success and therefore we widely operate out of this simple formula in our attempts to achieve success.

Some great men who ever lived had the passion to make life easier for us by giving us the key to achieving success. Physician Albert Einstein derived a success formula but the complexity of Physics came with this formula and as such not all of us can work with it.

Let's have a look at Albert Einstein's formula to achieving success and then I will follow it up with the simple common formula which you can immediately put in use after reading this.

Einstein says "If A equals success, then the formula is A equals X plus Y plus Z, where X is work, Y is play, Z is keep your mouth shut." It sound complicated right? This can never be the simplest formula then.

The simplest all applicable formula to achieving success which will bring you the success you have always wanted henceforth is engraved in the words of Sam Ewing(a professional writer/second world war fighter). He said "Success has a simple formula: do your best and people may like it".

Look at whatever you are doing and apply this simple formula of doing your best and be consistent with the energy and drive so that you do not fall out the scope of the formula, and then success will surely find you. Remember the formula to achieving success is "do your best".

## **Week 21: The Inverse Relationship Between Success & Smart People**

I have said in one of my writings ([The Simple Formula To Achieving Success In Life](#)) that achieving success is far from the everyday myth of the majority which stipulates that only smart or intelligent people can be successful in life. Read my write-up on this and you will easily grab the formula to achieving the success you desire.

In fact, the people who are highly likely to fail in life are smart people. You might have been thinking otherwise for a long time. The notion that success finds or comes to smart people is a typical fallacy of our contemporary society.

Success does not belong to only a category of people, smart people who happen to be in the minority in our societies. It belongs to all, especially the majority.

The reasons why smart people are likely to be trodden by success was echoed by a very successful entrepreneur of our time, Bill Gates.

After climbing the success mountain to its very peak, Gates looked down to examine the structures and craftiness of success in conjunctions with the elements success employs to deny mankind our inherent right (which is being successful in life. Remember I always say, success is a right and not a privilege, in fact, it is an inherent right for all).

Bill Gates after his assessment echoed that "Success is a lousy teacher. It seduces smart people into thinking they can't lose". This means among other things that, success is designed in a dicey way.

It can easily succeed in throwing out "overconfidence" into the mindset of smart people, making them think they are above failure and subsequently fall into the ditch of failure.

The majority of us who may not have the super fast brains of Albert Einstein do not have a problem with this aspect of success' tricks towards humanity. We have a strong antidote to the seduction of success. All we need is to face success with the needed tools crafted to grab it and not with intelligence or smartness since you do not need that to capture "Mr. Success"

The above does not however mean all smart people fail in life; those who have been or are fast enough to come to terms with the fact that they do not need only their smartness to attain success like you by reading this have or will surely jump/avoid this seduction prowess of success.

As you start this week, if you belong to the smart class of people, remember you stand a higher chance of failing in life unless you accept that your smartness alone cannot take you there.

If you happen to belong to the Non-Einstein class of people, there is no reason why you cannot achieve the success you desire in all your endeavors. Just apply the simple formula to achieving success and you will be there. You have less work to do compared to the Einstein class of people.

The fact that you are not excessively smart is an advantage to you this time. Go for it and you will surely grab it.

## **Week 22: Effective Networking, The Most Important Single Ingredient Of Success**

I have said time and again that success is a lousy, dicey and uncertain concept. You can be riding high today with success at your feet, without some little bit of luck and know how, you can easily loose all the success you have attained.

In a similar light, you can be living today without anything to your name or progress, but with just a little shake up in your attitude, direction and mode of interaction, you could find your dreams becoming a reality.

The struggle to one day meet and bring success into our lives is deeply entrenched in the minds of almost every individual who has enough sense and good taste for fine and great things.

It is famously said that, what we desire, we will surely get. I wish success and its lousy nature followed this simple principle of acquisition-"Just desire and in no time, you will get all that you desire".

If it was that straightforward, I would not have been tirelessly working on such write-ups or even build up my Personal Development and Human Success blog (ScrewLife.Com) to help bring smart people like you to a close proximity with success.

Achieving success might sound complicated, vast and hard work to some people but to the smart ones, it is all about grabbing the right ingredient or taking the right path.

Most intricate things like "Success" are made up of several ingredients. If we are lucky, we are told of their composition and means of acquisition. When it comes to success, not all the ingredients are apparent and those that are known are so many and difficult to grab.

The known ingredients needed to achieve "Success" are but not limited to hard work, courage, doggedness, passion and networking. Among these uncountable ingredients, the most important of all is "knowing how to get along with people" (Effective networking).

**Why Is Networking The Most Important Single Ingredient Of Success?**

Apart from the scholarly fact that Theodore Roosevelt, a successful man and the 26<sup>th</sup> President of the United States emphatically stated that "The most important single ingredient in the formula of success is knowing how to get along with people", there is substantial evidence that effective networking or loosely tagged "who you know" is fundamental to achieving success in life.

What you know will not always bring you the success you desire, but knowing the right persons at the right places and getting on well with these people mostly will fetch you the success you wish for.



The people around us are primarily the determinants of our success and failure. It does not hurt to have a great relationship with people. Knowing how to get along with people is an easy skill needed to bring us all the success we desire.

Have you ever thought of why most great men seem to have gone to the same college?.

If you ever get to think about this, remember not all of these men started as great as how they are now, there were some few great ones out there and those who knew how to get along with the great ones metamorphosed into greatness (that is the power of effective networking).

Look around your daily life and work on your networking skills. If you are keen on becoming successful and jump out of just being a mere dreamer, you need to know how to get along with people.

No matter who you come into contact with in life, employ your "getting along" skill. Do not be unnecessarily mean or show unconcern with things and people around you. Remember, we can be made and unmade by the people around us.

Grab the success you desire by mastering the most important single ingredient of achieving success-"knowing how to get along with people".

## **Week 23: How To Invite Success Into Your Life Using "ABC"**

It is very easy to find yourself wildly seeking for the simplest way to pull in some sort of success into your life or into whatever goal you are chasing. Unknown to most of us, the method needed to fetch success is far simpler than we are made to believe. As I have always said, you do not need to be smart or have the IQ of Einstein to achieve the success you desire.

Achieving success demands the application of the ordinary "ABC" of life. When this is effectively applied, no matter where you are hiding under the sun, success will find you. What is this unknown "ABC" application needed to pull in success and bring to us a complete realization of our dreams?

### **A=Ability**

Ability can be defined as "the quality of being able to perform". This is the first ingredient needed to pull in success. I have always said and attached heavy weight to performance when it comes to success.

Taking action or having the ability to perform an act geared towards your goal is a fundamental success doctrine. You need to put in some sort of action. You must have the ability to act if you desire to be successful. The dreams you have will not materialize if you omit to act.

Idleness and omission are opposing forces to "ability". If you really want to grab the success you deserve, you must act and act now. Get out of your comfort zone and pull in the quality of being able to perform ("A" factor). Jump out there today and pull in some action, it is needed to bring you the success you are entitled to.

### **B=Bravery**

Your ability to be brave and get out of your comfort zone is the next essential ingredient needed to bring you success. The coin has two sides. It is either success or failure.

The uncertain nature of what you are likely to fetch (success or failure) has crippled a lot of us. We fail to act due to our fear of failure. We lack the courage or bravery needed to pursue our dreams.

Most of us are filled with "I wish and I will". We continue to procrastinate what we need to do now in our attempt to hide our lack of bravery. Success comes to brave individuals, risk takers and positive thinkers. Be brave, put on your armour now and step out into the rain in pursuit of happiness.

**C= Consistency**

The last but most essential ingredient needed to achieve success is "Consistency". Developing a thick skin of perseverance and consistency in whatever you are doing after putting "A" and "B" into practice does the magic.

There are many times we fail to achieve our dreams or attain the maximum output due to fact that we are unable to hold unto a consistent momentum. After reading that you need to be brave and act, many of us will vigorously step out there to chase our dreams.

However, after a storm of displacement and our inability to attain our set targets, we lose the momentum. Our full of strength and fast moving trains behinds to snail alongside its weakness. Eventually, it comes to a halt which leads to you totally giving up.

Enduring consistency in our efforts to fetch success is crucial. The formula to this is simple, end the journey with the same speed you started with.

The level of enthusiasm you started with should be the same throughout your chase. Do not lose focus or allow anything to intrude your chase, else you will lose the consistency needed to get you there.

## **Week 24: The Mirror Relationship Between Failure And Success: Make Use Of The Former To Achieve The Latter**

After spending months preaching and teaching on the web about Success and the simple mechanisms needed to import success into the lives of interested individuals, it took my recent experience to vividly comprehend and realize the entrenched relationship between Success & Failure.

Prior to developing special interest in Personal Development and Human Success teachings, I had always seen "Failure" as a strong antagonist to "Success" and I am certainly aware that majority of people still hold this misconception.

As I have always echoed, "Success is a lousy teacher" and an absolute reliance on the teachings of success is likely not to fetch you the success you are inherently entitled to in your life. Remember, my catch phrase "Success is a right, not a privilege". You surely have the right to success but you must know the means via which you will grab your right.

One of the many abilities of "Success" is to entrench in our minds that "Failure" is an enemy and thereby creating a brawny antagonistic relationship between the two strata of life. Success employs this lousy technique to prevent us from coming anywhere close to failure.

In fact, Success & Failure are not real enemies, they are closely related. Maybe they are "close brothers" which means through one you can reach the other. You may be rolling your eyes in doubt to what I am saying and this is just because you have always thought otherwise. I did think along your lines too but that was some time back.

As human beings, we are indoctrinated and "conventionalized" to lament to ourselves or individuals around us anything we come in contact with "Failure". It will not be intellectually suicidal for me to say, "Failure" has been branded a taboo in our contemporary society.

The above together with our personal strong desperation to be successful have denied us a deeper understanding and recognition of the "Success" elements hidden in "Failure".

All I want you to understand and embrace this week as you continue your strive for the "Success" you deserve is that, "Failure" is "Success" if we learn from it. Failure is not as bad as we are made to believe as long as we are able to learn from it. It is "Failure" which will teach you clearly what you deserve to know. Remember "Success" is a lousy teacher and it will not teach you anything.

If we do not solely lament in times of Failure but consider alongside our disappointments what we can learn from our Failure, then we become successful since when well learnt, the next attempt surely will bring what we seek.

Do you now get the answer to the puzzle of some major fortune winners losing their fortune after sometime? It is because you cannot easily learn anything from "Success" compared to "Failure". If Failure is success when we learn from it, then Success easily becomes failure if we do not/cannot learn from it.

## **Week 25: Your Success Depends On Your Today**

It is only natural that as human beings, we wake up each day to chase success, comfort and well being. If we are in an undesirable situation today, then it is simply because we failed to pick the right step in our efforts yesterday.

The correlation between our today and tomorrow certainly follows the relationship between where we find ourselves today as a result of our yesterday.

It is a common doctrine preached by many that, our input today determines our feat tomorrow. What we will attain tomorrow will simply be a mirror reflection of our today.

Our success and all that we wish for in the nearest future therefore rests on our today. Finding the right path today will bring you to the right destination tomorrow.

Failing to act today, will bring you nothing tomorrow, after all, you did nothing today so why should you expect any return? If our success tomorrow is determined by our efforts today, then we surely have a lot to do today so as to achieve the lot that we want tomorrow.

The various successful men we see today were not successful yesterday; they were slaving and working hard. Their success today is a return of the hard work, dedication and sacrifices they were engaged in yesterday.

Considering the above, it will be prudent for us to examine our future desire (success or failure) and scrutinize what we are doing today towards the realization of "that" which we desire.

To fetch the success that we deserve in life, we must act today and gear all our efforts towards its achievements.

If you do not expect to win the lottery tomorrow because you have not played today, won't it be hypocritical of you to expect success tomorrow when you have omitted to act today?

Whatever you want to be tomorrow immensely depends on your today. Your unknown tomorrow is known today in the light that, it will reflect your today's effort.

You have today to enable you to achieve the tomorrow that you want. Your tomorrow's success is in your today's hands.

Do not make the mistake you made yesterday which has landed you in whatever undesirable situation today.

Get up today; make some vigorous plans and efforts directed to the success you deserve. Put in your total strength today and your tomorrow will surely be a gaudy one, for your tomorrow's success depends on your today's effort.

## **Week 26: Perseverance, A Tool That Really Works...**

Giving up on a difficult chase when you are never getting to the destination is a common trace in most human beings. Anytime I am asked to differentiate between a successful person and a failure, my answer has always been simple; a successful man is the one who believes in perseverance while a failure dwells on giving up.

The above distinction points out the correlation between perseverance and success. Without perseverance, success becomes a conception which is fully attributed to Luck.

I will not dig into the controversy surrounding luck and success in this post but would like to mention that, even if you believe success is wholly founded on Luck, then perseverance is still essential since it will surely bring this "Luck" one day.

The level of one's desire to continuously push on as we chase success is a simple indication of whether such a person would actually be successful or not. Success does not always show up after a single or double try.

Walking away from your desire and the success you have been yearning for after failing several times has never been an option for any successful individual. Being able to repackage yourself and with new knowledge learnt from the mistakes you have made which landed you on the rocks of failure to continue the chase is what will get you there. This is "Perseverance".

The word success which is not far stretched from succeed has the bottom meaning "follow through". You must follow through, keep going, come back stronger and keep hitting hard and harder on your object of interest-"Perseverance". This is what will fetch you the success you desire.

Bear in mind that the road to success is lined with so many tempting parking spaces. Do not be swindled into settling in any of these parks even if you are hit with the strongest thunder of failure.

Cultivate and develop a habit of persistence, for doggedness is a great tool of success. Remember "If you only knock long enough at the gate, you are sure to wake up somebody."

Keep knocking and each time you knock, knock harder than before. With this, the gate of success will eventually be opened for you to walk through.

**Week 27: Be Grateful For Who You Are Now, And Keep Fighting For Who You Want To Be Tomorrow**

Sometimes when the chips are down and it feels like everything around you is not going how you planned or envisaged it to be, it is so easy to give up. Furthermore, what frequently occurs in such situations is that a whole load of other negative thoughts and depressive situations begin to creep into the mind. This leads an individual to sink further into the depths of gloom and depression.

I think that this is just human nature; we beat ourselves up when something goes wrong. Some people are able to use setbacks as a form of motivation which not only pushes them to continue trying even harder, but also inspires them to reach the absolute top.

On the other hand, other people allow setbacks to bring them down completely. They suffer a complete and utter physical and mental shutdown. Not only is this self-destruction physical, but it is also mentally destructive. It halts your progress in life.

Suffering a setback, whether in your professional or personal life does not have to mean the end of the world, or you giving up your goals and dreams. Rather, use it as a frame where you look at yourself and all the accomplishments you have achieved so far.

And by being grateful for who you are now, and how far you have come, build up the strength and determination to motivate yourself to fight for who you want to be tomorrow, and in the future.

The one who shakes off the dust of setback quickly from his shoulders by doing the above is simply the successful man we see around. Dwelling on your set backs and continuously lamenting over spilt milk does nothing better than push you into a world of failure.

As we enter a new week, shake off all that heavy dust of setback holding you down in depression, anger and meltdown, join the successful man's train by appreciating what you have achieved so far, what you are today and step forward for tomorrow.



## **Week 28: You Can Surely Achieve The Great Success You Desire**

There are stages in mankind's journey through life when we start to doubt our ability and the likelihood that we will ever attain the great success we seek and desire.

It is only reasonable that after a strong chase with results not befitting the input, one would start to doubt and push hope down the drain as far as achieving success is concerned.

I have always said giving up is never an option for any successful journey or would be successful person as well as distrusting your ability to achieve great success.

Truly, it is not easy out there, yet you have the ability to go through all the existing hurdles and boundaries. It is not that there is no existing proof to show that we can attain the success we desire; it is just that we are failing to see the evidence of our success.

A strong killer of ambition and a ship that diverts us away from the greatness that lies ahead of our struggle is the doubt we unnecessarily develop and cave in our abilities.

What is the proof that you cannot achieve what you yearn for? Do not say failure. Remember, failure is not a proof of one's inability to achieve but a stage of pause that gives time for reflection, re-evaluation and make corrections to mistakes made.

However, there is proof that you can surely achieve the great success you desire. The fact "that some achieve great success, is proof to all that others can achieve it as well".

We all have what it takes to grab all that we crave for in life. All we need to do is trust in our abilities and have a different outlook towards things that we face in life. As Winston Churchill said, "The pessimist sees difficulty in every opportunity. The optimist sees the opportunity in every difficulty".

We must have the mindset of the former and with the existing proof that we have the ability; we can surely achieve the great success we desire.

**Week 29: Success Is The Sum Of Small Efforts...**

I have come across countless people with a mindset not far from that of the amateur gambler in relation to success. This common mindset which has landed and continues to land many in failure is the same that has pushed many gamblers into uncontrollable debt.

Having a sky scraping desire to achieve success is a positive step towards life, in fact, such a mindset is the needed foundation to achieving success.

However, the above mindset should not turn one into a hasty climber. Success does not come with a sudden jump. It comes to those who crawl, build up the needed momentum to walk and then proceed to run.

Success is a concept which is better understood and easily achieved with patience and consistency. As Robert Collier once echoed "Success is the sum of small efforts, repeated day in and day out".

You must have the patience and discipline to consistently put into whatever you are aiming to achieve "small efforts" day in and day out. That is the only effective way of achieving success without taking the high risk of throwing a gamble at your target.

As we commence a new week, start putting in the little that you can towards your goal. Success despises the last minute approach. If it is an examination that lies ahead of you, do not wait till the last minute to attempt doing all the learning, small efforts each day will build you up for the success you desire.

You must bear in mind that, success is simply the sum of all the small efforts one has geared towards a particular goal.

Do not be like the various amateur gamblers deluded by their sky scraping desire for success, hence would put all they have with the hope to hit the jackpot. Success is not a jackpot. It is the output of years, months and days of little and little labor.

### **Week 30: Success Primarily Lies In Doing What Others Don't Like To Do...**

I am not a mass follower and this is simply because I dwell largely on the famous words of Mohandas Gandhi "An error does not become truth by reason of multiplied propagation, nor does truth become error because nobody sees it".

Apart from the reality echoed above by Ghandi about "majority involvement", every successful person I know, have known or have read about threaded on individual lines, digging deep and taking passion in the very things the "majority" did not like to do.

It does not take more than common sense for every individual to comprehend that, if all of us with the desire to be successful kept chasing or developing a single or substitutable product, we would be left with no consumers at the end of the race.

Being unique is a hallmark of success and this can easily be achieved by having a strong desire to pursue that which everyone seems to have lost hope in, picking up the difficult task that everyone has left unattended to in order to chase the easier ones and developing the habit of doing those things that failures do not like to do.

Surely you have been putting tremendous efforts into your dreams and you have been consistent with your chase, yet you cannot feel the wind of success passing by your window. Are you wondering why?

Have you given what you are doing a good consideration? Do you have any element of uniqueness your approaches to your goals or are you simply another fishmonger hoping to sell the same kind of fish to other struggling fishmongers?

Do not jump into a room only because others are successfully making it in there. This 'lousy concept' called success is attracted to uniqueness and gravitates towards those who have the ability to stand tall at places where others saw the challenge as impossible or have already fallen.

As we start a new week, remember what A. Jackson King once said "The secret of success of every man who has ever been successful lies in the fact that he formed the habit of doing those things that failures don't like to do".

Remember in the market of "success", we are all sellers and how much you take home primarily depends on the uniqueness of what you are offering. Do not follow the masses; rather cultivate the habit of doing what the masses do not like to do and the wind of success will surely sweep you away.

**Week 31: Being What You Might Have Been...**

I have come across several people who have said to me "I might have been a doctor, a nurse, a lawyer or a successful person". The assertions of such individuals stipulate that, they think the chance of being what they might have been in life is lost.

It is common among us all to think along the above lines when we reflect on certain aspects of our lives. One crucial thing we do not recognize and even if we do, we do not give enough weight is the fact that "it is never too late to be what you might have been".

Putting in the strength, dedication, focus and subjecting your desire to consistently push is what you need to become what you have always wanted to be and might have been.

Time has little or no effect on us "being what we might have been", yet we have been deceived to accept that, we cannot be what we might have been today.

"Might have been" suggests omission; that individual has failed to act and as a result does not even know what the outcome would have been if he/she had embarked on a particular journey.

As we start a new week, remember "victory belongs to the most persevering" and "It's never too late to be what you might have been". Omission or failing to act in respect of your desire and dreams is what breeds "I might have been". Act today and become what "you might have been".

### **Week 32: Success Lies In Developing The Opportunity At Hand**

Success is one great but a lousy concept which mankind pursues day in and day out. Its definition is dicey, so as the path to achieving and maintaining it.

Now and again, we wake up with the zeal and energy to pursuit success, aiming to achieve distinctions in our chase and living fulfilling lives.

Our strong desire to achieve the success we yearn for in order to better ourselves or to uplift our social standards leads us to question or neglect the talents and opportunities we have at hand.

It is very common to hear people saying "I hope I get that opportunity or when I get the opportunity, I will..." More than not, we believe a new opportunity must exist or present it self for one to be successful.

Closely related to the above, we are also in tune with a very deceiving concept of; there must be the existence of a new or extraordinary talent for one to be successful.

We are therefore constantly searching for new opportunities or talents-a search that has wasted and will continue to waste our lives if we do not subject our mindset to immediate reconsideration.

Who said you need a new opportunity or talent to be successful? I cannot trace this mindset to any source. But like a global canker, it has reached us all, weakening our ability to find success within what we have already been blessed with.

I do not believe in finding any new opportunity anywhere, in fact, you will not find such surreal opportunities unless you relocate to Pluto. Even there, I still doubt if such new talent or opportunity will present itself to you.

What we are failing to grab is; crafting or developing the opportunity at hand and making the best of it. The words of Bruce Barton highlight this perfectly, "Most successful men have not achieved their distinction by having some new talent or opportunity presented to them. They have developed the opportunity that was at hand."

As we start a new week, consider looking within and developing the opportunity as hand. Remember, instead of us developing the opportunities at hand, majority of us waste ample time in search for new opportunities and talents which do not exist. Think quickly!

### **Week 33: How To Achieve Excellence In What You Do...**

One way or another we have all come across people who are achieving or have achieved excellence in what they do. Looking at the perfection others have attained in their respective fields mostly throws the question; how come they are achieving all these triumphs and yet we cannot accomplish with joy the single most important task we have been focused on?

For a considerable number of years, I was a great believer of the famous but deceptive adage "Jack of all trades, a master of none". But, recently, I have been forced to revisit this belief upon realizing the excellence certain individuals are achieving in all the trades they are engaged in. As a matter of fact, I have witnessed and have had the opportunity to meet several "Jacks of all trades, masters of all...in their respective fields".

How come these people are able to achieve excellence in all their trades and yet, the single one we focus on turns always turns out to be disaster?

The easiest approach to this fundamental puzzle is to go for "we are all different in life" and simply back it up with "all fingers are not equal". Without putting much effort to ascertain the core "difference" mentioned above, we settle peacefully with this answer which suggests that, others can do and we cannot, simply because we are all different.

The above sounds very cool; it seems like a very reasonable and logical answer. But what we have forgotten to consider is that, excellence is not a birth mark on anyone; it is not even an act. It is a habit that must be fetched out of repetition.

Yes, we are all different and we might be doing different things, but this does not in any way stop us from achieving excellence in whatever we are doing.

What are we, what is the difference between us and the others, and how can we achieve excellence in all we do too? This question was once answered in a simple language. "We are what we repeatedly do. Excellence, then, is not an act, but a habit."

To achieve excellence in whatever we do or intend to do, we must repeat what we are doing over a considerable amount of time, pushing the "doing" which is an act, into becoming a habit. You do not achieve excellence from a single jump, until you repeat jumping and falling without giving up, you will not see excellence.

A single stone throw is an act; excellence does not crop out of any act. You have to keep throwing the stone over and over again to turn this "act of throwing" into a "habit of throwing". Something only becomes a habit after it has been done repeatedly. It is at this juncture that excellence can be achieved.

To therefore achieve excellence in whatever we do, we must repeatedly do it in spite of the failure that may come along. With repetition, we can move our endeavors from being “acts” into becoming “habits” and then, we will see the emergence of excellence. Get into the habit of achieving excellence and not the act of achieving excellence...

### **Week 34: The Difference Between A Successful Person & The Others...**

If success was subjected to the mechanics of Physics, it would have been placed close to gravity or magnetic force. It has a very strong worldwide pull factor. Even though success is said to be relative, it is the ultimate dream of all, despite its relativity.

We all strive to achieve success in whatever we do. Our daily efforts in life are considerably geared towards achieving success. The prestige attached to success and the joy it sprinkles over our lives when achieved show how important the concept of success is to the development of mankind.

I am sure you are aware and might be practicing one of the various tricks, doctrines and tenets supposed to help you fetch success in what you are doing. The dicey nature of success together with the various lousy teachers and materials available on achieving "success" has impacted greatly on our inability to make a grab on 'Miss Success'.

The race to catch up on success has been a long one and yet it seems we are not getting any closer; success moves far from us anytime we get going. Surely, there are several tricks to approaching success and those to keep us focused in our search for success. But the must-know trick of all these is the one needed to help you make the final grab.

You have all the knowledge and strength needed in your field or chase your well deserved success but the fetch always appears to take an age to materialize. This is the time to reflect on the tools you have equipped yourself with to ascertain if they are what you really need in order to grab success. The easiest way of doing this is by differentiating between what makes a person a successful individual and what makes a person an unsuccessful individual.

This was once considered by Vince Lombardi in his attempt to keep up and continue with the success story of his time. Vince came to a proven conclusion that "the difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather a lack in will".

Almost all of us in the race for success have the strength and some sort of knowledge. What we lack is the most important ingredient "the will". We are unsuccessful not because of our lack of strength or knowledge, but our lack of will. Work on your 'Will Power' and 'Mindset' and you will surely make the grab.



### **Week 35: One Positive Thing We Can Learn From A 'Greedy Person' To Help Us Become Successful...**

No one would be proud to be called 'Greedy', even when we show traces of avarice in our endeavors, on no terms will we be ready to accept these traces as making us greedy individuals. This should tell you how much we despise 'Greed' as judicious human beings.

Being greedy is considered as a serious disease with no external cure, the only cure is having the self readiness to get out of it. You can help a greedy person by making him or her greedier but not to get him out of his condition of greed.

Despite the ill attitude and hostile reception we give to people known to have entrenched greed in their everyday life, there is one positive vibe these people carry which can be tapped into to increase our chances of acquiring success in life.

A fundamental trace of a 'greedy person' is his/her desire to have it all even if he does not need that much. It is this very attitude that success seekers can ride on to help in achieving the success they desire.

As mentioned above, greedy folks want it all and will go for it all without considering the interest of whoever might be around. Their spirit of going for it all in full force is what every success seeker needs to tap into.

As someone looking to be successful in life, you have to dive into this attitude of the greedy person by shooting for the moon, go for it all without considering any other thing below the moon. Even if you miss the moon, you will surely land among the stars where you will still shine...

Go out there with your full armor ready to battle for the biggest share like the greedy person will do. Aim for the moon as if the stars do not even exist. Be greedy with your hunt for success, for it is a good skill to learn.

**Week 36: The Most Important Brick Needed To Build Success Is ....**

How much do you believe in yourself, your abilities and your skills? The level of belief you have in yourself to a very greater extent determines how far and the level of success you can pile up in life.

There are days when we begin to lose trust in ourselves, what we can achieve with our acquired skills, determination and knowledge. Self doubt is bad, not having a tiny bit of belief in yourself is suicidal; it kills and brings any success ahead of you to an abrupt collapse.

Being able to hold 'self belief' puts you just a stone away from achieving whatever you are about to tackle. Our attitude, spirit, strength and mindset channeled towards our goals determine whether there will be a realization or not.

Several bricks are placed in front of us as we journey through life in our bid to achieve success. As positive as some of these bricks are, others are just around to kill the success we deserve. Therefore, knowing which brick to start your journey with is the key.

As a good bricklayer will do, always build your journey to success with the strongest brick upon which the others can serenely rest one after the other. When we get the foundation to the building wrong, every other thing that would rest on it will eventually fall.

The strongest and most important brick needed is the 'brick of self belief'. It is the first stone you 'must and should' lay upon which any other brick can successfully rest.

How much do you believe in yourself? Think about this and make the necessary adjustments if there is the need. What is the purpose of starting a journey if you believe you have already failed?

Remember that, your whole success in life fully rests on your 'self belief' not what others believe about you.

Build up 'your self belief' and walk out of the door with all the confidence compulsory to making a successful chase.

You can only build layers to reach success if you get the foundation right, so work on the foundation which is 'self belief' and you will surely attain the success you desire.

### **Week 37: Knowing & Adopting The Best Source Of Motivation In Life Is What Brings Success...**

I am not sure if you have ever asked someone or even yourself what motivates them/you in life. When I talk about motivation in life, I am considering the factors that drive and amplify our aggression to succeed.

Even though there are thousands of things which can be cited as the fountain of motivation for various people, these sources of motivation can simply be classified into two aspects; the desire to achieve and desire to beat others.

Before you proceed, can you point out where your motivation springs from? Is it your desire to achieve or desire to beat others?

As much as both sources of motivation have the aggressive fuel to push you towards success in life, motivation based on your desire to beat others lack the strength to endure for a longer time. It therefore more than not leaves you half way. It is the source that easily breeds 'Give-Up', Copycats and failure.

To be creative enough and be equipped with a long term strong drive which will dwell and push you to realize your goals, your source of motivation must be founded on your desire to achieve and not merely to beat others.

If you are not getting to your goal or if it is taking you extremely long to succeed, examine and re-evaluate the foundation upon which your motivation to whatever you are seeking rests. If needed, redefine your source of motivation, let go your desire to beat others and adopt a desire to achieve; for it is the inspiration to creativity.

### **Week 38: This Is The Reason Why Your Success Is Taking Too Long To Show Up...**

Are you not sick of waiting for the day you can excitedly jump up into the sky because your long awaited success has finally arrived? We wake up each day dived into the spirit of hope as we embark on several projects geared towards the attainment of the success we yearn.

How long are we going to be able to wait for this success to come our way? After years of working long hours, we seem to be rotating at the same spot without any forward movement.

Life is difficult and unfair but it cannot be that much of a nightmare if others around us are swimming in success. Surely, success is achievable, just that we are the ones not being able to join the club OF achievers.

If our success is taking this long, then something must definitely be wrong with our pursuit which we have to realize and immediately and accord it the necessary correction.

The common reason why many of us have not reached the success we have been working towards lies in HOW we are getting things done and not WHAT we are getting done. The sad aspect of this is that, we keep changing WHAT is being done as we struggle for success without ever changing HOW they are being done.

Are you still lost? Let me simplify this for those lost. Many of us are involved in things (work) that we wake up to get done because we see such work as a DUTY. Ask yourself why you are doing what you wake up to do each day.

If you see it as a DUTY or something that you've got no choice but to do in order to survive, then you surely have to wait as long as impossible for the desired success in that field to show up.

Duty makes us do things, but LOVE brings success and makes us do things very beautifully. Until we start to do things because we love doing them, we will always crave and struggle for success that can never come to you.

You do not even have to worry about success when you are doing something that you love. After all, the love helps to get that particular thing as beautiful as it is and that in itself is the greatest satisfaction and success one can ever have in life.

Remember that, DUTY makes us do things, but LOVE makes us do things beautifully and the beauty itself is satisfaction and success...Have A Great Week!

### **Week 39: The Quickest Way To Achieve Success In Life...**

Probably you are convinced that achieving success has no formula or any particular pattern. This may be as a result of the inability of the numerous success achieving tricks not being able to produce anything great for you.

I can assure you that there is a formula and if strictly followed, success will come your way. However, this post does not intend to try and convince you that there is a formula for achieving success (something you probably agree or do not).

Whether there is a pattern one must follow to achieve the success he desires or not, one thing is more than certain here, success is achievable. If success is achievable, then surely there must be a way to bring it to us quickly...right?

Instead of having to wait for years, there is a simple way to influence and speed up the arrival of your success, this is what most of us are lacking in life.

Ask yourself this simple question; why are we waiting on success? I will tell you the answer...because we are waiting for an opportunity that will bring success out of the box, an opportunity that will land us on success, an opportunity that will open the way for us.

So the problem is not about success mostly, it is about the arrival of the opportunity that will lead us to success. Why are we wasting years sitting by the road side waiting for the opportunity bus to pick us up and drop us at the home of success?

How long are we going to wait for this bus which may never come? This is one of the most absurd things we do as human beings. Looking at someone for an opportunity to our success is fairly dim and yet it has become a habit.

Have you ever considered creating the opportunity yourself? The quickest way to achieve success in life is creating your own opportunity. This is simple, if indeed you want to succeed in this world, you must make your own opportunities as you go along.

Which is more reasonable? Joining the many people sitting at the bus stop waiting for a bus that you do not know the time it will arrive and probably will never come or might be full when it finally arrives or walking towards your destination on your own, which when the bus meets you on the way, you can also jump in? Is it not absurd that most of us have chosen the former?

Let's accelerate the arrival of our success by taking up the steering wheel ourselves. Let's break away from the habit of always having to wait on someone for any opportunity and create opportunities ourselves. How long are you going to be sending CV's and be looking for a job? Create a job for yourself...Create the opportunity yourself!

**Week 40: The Easiest Way To Live A Happy and Fulfilling Life...**

Tomorrow is my Birthday and as I wait to add a year to my journey through life, I have taken few silent hours to consider the sort of life I have been living using the measuring rode of happiness and fulfillment.

Living a happy life has always been my prime concern and the purpose for our daily struggles. Our consistent channel of all energy towards achieving success in order to attain happiness and fulfillment in life is a clear indication of how imperative a 'Happy Life' is to us.

Seeking happiness is a common marque of every human being. However, we all employ different techniques in our search of which majority of these techniques do not yield the very result we seek.

Over the years, I have learned the easiest technique and way to living a happy and fulfilling life. It is the most realistic, reliable and workable technique out there for anyone seeking happiness in life.

It is very simple, I have been able to do it for years and it has brought me great happiness, certainty and fulfillment. You can also adopt it and you will achieve the happiness you seek with fewer struggles.

In order to live a happy and fulfilling life, I have learnt to 'limit my desires, rather than attempting to satisfy them all'. As human beings, we have unlimited desires and it is our struggle to satisfy these desires that take away the inner peace and happiness of our lives. It works, it has worked for me and you can also achieve happiness by employing this.

**Week 41: 80% Of Millionaires Started Like You...How Did They Make It Then?**

Have you ever wondered how certain people landed in millions, living their dream lives and swimming in riches? The answer simply projects the fact that, these people are nothing special from us and majority of them were born penniless.

Most of the millionaires we see around started like us. In fact, eighty percent of millionaires are self made. This means, they started with nothing as we have nothing. They rose from the level we are today to become what we look up to.

It is very refreshing to know that, like us, people who started with nothing have been able to work their way through the thick smoke of life to achieve millions. It shows the extent to which we have the capacity to reach and the things we can achieve in life.

As we start a new week, remember the millionaire near you was once like you. He/she started like you. Having nothing today is not new and it does not mean you will forever have nothing. After all, as Brian Tracy said, "at least eighty percent of millionaires are self-made. That is, they started with nothing but ambition and energy, the same way most of us start."

All you need to jump from this stage of having nothing to having millions is ambition and energy, something most of us already posse in life. Do not give up; do not quench the energy and ambition you have, for majority of millionaires started like you.

## **Week 42: How To Climb The Ladder Of Success**

The most searched for and wanted 'item' by human beings is success. Our daily energy and strength is all geared towards achieving success. It would not be wrong for anyone to say, our existence as human beings to a greater extent is influenced by our desire to be successful.

Everyone is looking to grab a bit of success. There have been, there is and there will always be an overwhelming demand for success. It must be noted that, the higher the demand for anything, the more difficult it is to obtain that thing. After all, we all want a bit of that particular cake.

From the above, you can see why achieving success in whatever you decide to chase becomes very difficult. Climbing the ladder of success is the most uncertain, suicidal and difficult journey to embark on.

The difficulty does not only spring from the fact that everyone seems to be making the same journey but the fact that, others who cannot climb are wandering around ready to laugh at whoever falls from the ladder.

In such fierce competition, who climbs with his hands in his pocket? It may sound absurd to even think about climbing a ladder with your two hands in your pocket, yet that is what most of us are doing in life.

We are striving for success without any hard work. We dream of success and never seem to wake up to work hard for it. We want to climb the ladder of success and yet we do not want to do anything.

Remember that, success is a ladder which you cannot climb with your hands tied to your back or in your pocket.

Get your hands out of your pocket, get out of your dreamland and stop trying to harvest where you have not planted anything. To climb the ladder of success, you have to work hard, you have to grab the ladder tight and you have to channel all your strength towards the climb.



### **Week 43: Success Is Not A Miracle, It Is A Result Of Your Labor**

With time, I have come to realize the practical close link between success and labor. If there is any life phenomenon which perfectly projects Newton third law of motion, then it is success.

Despite how lousy and dicey 'success' seems to be, its reflective relationship with labor is more realistic, intact and true than any sort of resultant relationship mankind has tried to construe between success and miracle.

You do not miraculously achieve anything you have not in one way or the other geared efforts toward. It simply does not work that way with success even if you think it does with many other things in life.

The straightforward relationship between labor and success has over the years been proven by experience and the outcome of mankind's endeavors.

As much as you do not expect to put 'gravels' into a bottle and later open it to find 'sugar', so should you not expect to put minimal effort into whatever you are doing and expect to achieve greatness.

Our success is simply a reflection, a throw back and above all, a reward for our labor. Your input to a larger extent determines your output. There is a strict corresponding relationship between labor and success. The reaction you receive (success) is just the result of your action (labor).

If such is the strict relationship between success and labor, where does a miracle come in then? Why do we continue to put less effort and dedication in things but still expect maximum returns? It does not work that way and this explains our struggle to achieve success in life.

To be therefore successful in whatever we are engaged in, we must remember that output (success) is fully dependent on input (labor).

Leave the miracles out of your chase and gear up all your efforts towards the realization of your goals. It is only in this way that you will see and achieve success.

**Week 44: Success ONLY Belongs To Those Who Do Something Different...**

Either relative or not, success fits well and has always befriended those who stand tall among the rest. It is probably based on this idea of being outstanding that the concept of success and luck is founded.

Achievers have always been those who have produced distinctive results. It is your ability to produce and engage in things that people have NOT thought of or have disregarded which is likely to put you above these people, bringing you the success you desire.

Why bother and gear your efforts toward producing results which every other person can produce? Why engage in activities/businesses which everyone is engaged in?

Would it not be inane to try and sell a chewing gum to a friend who has packs of them and is also selling them? Why then are you doing what everyone around you is doing? Who will buy what you are selling if the person is selling the exact product or can easily produce the same?

You have to remember that to be successful in life; you MUST play the odd card. Consider the end product of whatever you are engaged in, be it education, work or business and compare it to what those around you or the majority are doing. If you are all on the same wavelength, then you better depart from it since success only belongs to the outstanding, not the ordinary.

### **Week 45: Strength Does Not Come From Winning But From...**

All successful and well doing men have something in common. Their success is grounded on strength, the foundation upon which they have built their empires and glory.

Even the great Kings and Emperors who were able to hold their Kingdoms and Empires together for a substantial number of years had the all important trace of strength. Without strength, success will never be achieved.

If our success is dependent on our strength, would it therefore not be prudent that we clearly understand and acknowledge the source of our strength? After all, without it, we would never realize our desire success.

Despite the importance of strength in achieving success, the very people who are bent on obtaining success always misplace the source of strength. Most of us do not achieve the success we desire because we lack the strength needed to obtain it.

Those who are smart enough to acknowledge the role strength plays in achieving success also focus on the wrong source. Therefore, they are never able to gather the required strength needed to gravitate towards success.

The commonly existing misconception about strength is, many are of the view that our strength comes from winning. I have heard several people saying, 'they get stronger the more they win or their strength comes from winning'. Wrong... In fact, you somehow get weaker the more you win.

The incongruent relationship between strength and winning was well noted by Mahatma Gandhi who brilliantly captured it as "Strength does not come from winning. When you go through hardships and decide not to surrender, that is strength."

This is the greatest secret to gravitate towards success and yet many of us have been getting it wrong. People like Gandhi who got it right had all the success they wanted.

As you start a new day in your life, acknowledge the brawny relationship between hardship and strength and get rid of the fallacy between winning and strength. It is the hardships you go through that will fetch you success and not the winnings you gather.

**Week 46: What You Cannot Achieve In Life Is...**

Life is full of achievers and failures; certainly we have more of the latter than the former. This therefore brings to mind that, there is a limit placed on what we can accomplish as individuals.

Despite the fact that we are all success hungry human beings, not all of us are or will be able to be successful in life. Reasonably, this may suggest that, there is a ceiling as to how far we can go as different individuals.

If there is a differential limiting factor as to what we can achieve, then nature has been extremely cruel to some of us. Whiles others have forged forward to become all they desire (with their ceiling being all they desire); some of us can successfully argue that, our ceiling is right above our head, we can't achieve anything!

Life is not fair but it is not this cruel. The disparity in our achievements cannot be underpinned to the above restrictive deduction.

To be frank, there is no glass ceiling above our heads in relation to how far we can go in life. As human beings, we can achieve anything in life. The smart ones reading this may ask, if we can achieve anything in life what is limiting some of us from not even achieving 'everything' but the very few things we want?

Surely, we can achieve anything in life but there is a substantial limiting factor which works and has always worked against us. This limiting factor is the cause of the huge disparity between us all including those who have failed.

Those who have achieved all they desire are the people who have been able to conquer the only limiting factor serving as a thick ceiling. Here it is... as humans, we can achieve anything in life but the only limiting factor restraining us from achieving this is our own thoughts... Yeah, it is your own thoughts which restrict your achievements.

As you start a new week, remember the only ceiling that serves as a limit to how far you can go in life is your own thoughts. It is the factor which limits our achievements...How far we think we can go is how far we can/will be able to go in reality.

### **Week 47: Avoid Wasting The Person You Are...**

I am not sure how many of us have sat down to answer the question; Who are you? Even for those of us who have attempted this question, probably we could not adequately say who or what we are without having to step into someone's corner.

A majority of us cannot simple define ourselves because we do not know who we are. We might have spent years discovering and understanding ourselves and yet all the knowledge acquired about ourselves does not solve the puzzle of who are you?

In our struggle to define and set ourselves on course, most of us have/are brutally destroying the person that we are. Life is a big messy journey with different unique individuals racing for a win. Every individual has a special attribute to help him/her with the journey and it is this uniqueness that defines us.

Despite our individual uniqueness, it is disheartening that majority of us are wasting the person (the unique individual) that we are by wishing to be someone else. What is more to life if we waste our own persona and aggressively desire to be someone else?

Your wish to be someone else is the last shot which is gradually killing your life and all you were supposed to achieve. No matter how much a rabbit tries, it can never be like the cat. However, the very minute the rabbit attempts to become like a cat, it will lose focus on what it stands for (a substantial loss). It can never also achieve its wishes to be like a rabbit and that will be a second loss.

Your life has no limits and it is as beautiful as that of the other person. It is up to you to set the beauty in progress by having confidence in the person that you are. To be successful in life, you must avoid the common mistakes of wasting the person that you are by continually wishing to be like someone. And remember confidence does not come from always being right, it also comes from not fearing the possibility of being wrong. Stop wasting the person that you are!

### **Week 48: The Reason Why You Are Still Getting The Same 'Failing' Result**

I am one of the few who have no 'negative sentiments' towards failure, even if it is a repeating phenomenon as long as we learn something new anytime it reappears in our lives.

It is true that mistakes and failures are fundamental stepping stones to achieving success. Without these two, achieving success will remain an illusion. I am yet to come across any successful man who was never been kicked down by the cold strong winds of failure and mistakes.

One common thing a majority of us do as humans after having been knocked down several times is to repackage ourselves to continue our journey towards success. On the face of it, this is a desirable step. After all, not all people will get back on their feet to fight after having been sent down to the floor by heavy punches.

The tale has commonly been, after several knock backs and mistakes; you will eventually get it right and achieve a successful result. However, in your situation, you are still fetching the same 'failing' result despite uncountable knock backs and repackaging. Now, you are asking yourself, why is my story different?

What is not mostly made clear by those who believe in the strong relationship between failure and success like 'myself' is; you do not simply attain a successful result by virtue of the fact that you have failed several times or have made several mistakes.

You do not achieve a different result simply by repackaging the same content. What difference will the packaging make if the content within it is the same? Probably, the only difference it will make is the customer who buys it will not only turn and give it back to you, but they will throw it hard on your face this time.

For you not to achieve the same 'failing' result over and over again, you have to look beyond the package and reform/change the content. If you continue to do the same thing in a different way; then, you will achieve the same 'failing' result but in a different manner.

So you see, the reason why you are still getting the same 'failing' result is because you are holding on the same content and just changing the package. It is because you are doing the same thing but in a different way. You have to look at how you are doing things but more importantly, what you are doing.

### **Week 49: Formal Education Will Not Make You A Fortune...Yes It Will Not!**

As much as formal education is important in life and therefore has been entrenched in our quest for knowledge as human beings, it is the least effective way to take you the fortune land.

The above is probably the major reason why despite our desire for success and fortune, so many of us still remain chasers and will continue to be chasers instead of achievers.

It is difficult to break away from the norm but then, it is your distinctiveness and uniqueness which will fetch you success and not your commonness.

As human beings, we are somehow programmed to see formal education as the corner stone to achieving the success we desire and the fortune we so badly want in life.

The irony of this is that, even though when we give our surroundings a close look, we will find that majority of those riding the fortune wheel never got onto the wheel through formal education, we still endure this lousy belief.

It is not that difficult to understand why formal education hardly fetches a life of success or fortune. Attending the best educational institution with thousands of others, reading the same or similar books, being thought the same or similar things by the same or similar professors create nothing unique in you as an individual. This rather creates commonness...

It is sad to mention that majority of the people I know living a life of fortune land never got there by the great courtesy of formal education they received. No, it is by something else, something that made them unique, something limited to them and not that which was taught to masses of people.

What is this 'something' which is the sole champion and over rider of formal education?  
What is this 'something' which fetches fortune and success over formal education?

Do not get me wrong, formal education is good for something. It will surely make you a living but not a fortune. If you simply want to make a living in life, then fully invest into formal education and you will certainly make a living out of it.

However, for those who want more than just making a living, for those who want real success, for those who want a fortune, they are those who have to break away from the notion of dwelling on formal education into self education.

Formal education will make you a living, but then self education will make you a fortune. The uniqueness of self education is what brings in the fortune and success. It makes you distinct from the masses; you are then able to provide what the masses need...

If you indeed want to make a fortune in life, put down your formal education hat and put on that of your self education. The person who impresses me most in life is the one who says; I had a formal education in physics but I am a fashion designer because I thought myself that.



### **Week 50: Why I Admire And Commend Lottery Players...**

Taking a stake in the lottery is not an option for you because of your moral and religious standing. However, I believe the inspiration and lessons that can be learnt from the various persistent lottery 'stakers' is worthy of consideration by even people of faith.

If we really desire to be successful in life, then the hearts, addictions and beliefs of the unswerving lottery players must be borrowed and permanently retained.

There are thousands of people out there who for many years have played the lottery consistently despite not ever winning the jackpot. The chance of winning the jackpot is highly infinitesimal and these players are very well aware of that.

Despite the fact that they are well informed of the little chance they have to make any substantial winnings, they consistently give away money (play the lottery) each week or each day.

What does this continuous act of pushing and giving away money when they know they have little chance to win tells you about lottery players?

The fact that some of them have been playing for months or years without the win they want is a clear evidence of how little their chances of winning are...despite this evidence, they still keep playing...

We may be thinking that they have a strong belief, strong madness or addiction. Whether it is an addiction, madness or belief, it definitely is a strong one, an unquenchable one for that matter.

It is this mannerism of pushing without results, believing as strong as possible despite contradictory evidence that we need to borrow from the lottery player if we want to be success in life.

Giving up on the plan, the dreams, the wants and the desire is not an option for the lottery addict. It should also not be an option for the success addict.

Being able to hold the things you are passionate about, and believing in them no matter what people say or the evidences they provide to discourage you is what will fetch the success you desire.

It surely will be a long journey but then with the heart of the lottery player and the non-giving up spirit of the lottery addict, success will be eventually fetched.

It took years of hard work, consistently pushing and a not giving up spirit for Rome to be built. It stands in glam and glory because the builders were addicts; they ignored all

evidences contradictory to their beliefs and desire to build a great city. Eventually, it was achieved.

Do not give up on your dreams, do not abandon your passion and stick to your plans no matter how long it is taking to fetch the results you want.

Without sticking to your own dreams, plans, beliefs and passion, you will end up falling into the plans, dreams and beliefs of others. And guess what they have for you in their plans and dreams? NOTHING!

### **Week 51: Nothing Great Was Ever Achieved Without Enthusiasm**

How far someone can go with any project determines how much he/she can achieve. If how far you can go depends on 'enthusiasm', then how much or what you can achieve is also dependent on 'enthusiasm'.

The above may sound complicated or silly, but it is a fact. Nothing great in this world has been achieved without enthusiasm. In order to achieve something great, you must go far with your efforts, run over disappointments and failure. The only way you can do this is to have 'enthusiasm' in what you doing.

You can only achieve anything substantial in what you are doing if you have the needed 'enthusiasm' to out run the various obstacles that will come your way. Without 'enthusiasm', you will never be able to achieve any greatness in what you are doing.

Greatness is when you find the limits of possibility by going beyond them into the impossibility. Getting to the door of the impossibility is therefore a long rough journey through 'possibility'; this journey can only be fully taken with enthusiasm. And it is at the end of this journey that 'Greatness' dwells.

Look at the various individuals such as Albert Einstein who achieved greatness in their chosen fields and you will realize they had enthusiasm as the main pill which got them through all that was possible until they got to the doors of the 'impossibility'.

Are you seeking for greatness in life? If you desire to achieve something great, then you must acknowledge that this can only be realized if you are enthusiastic about what you are doing.

All you need to be able to bring out the hidden greatness in you is enthusiasm. Stop wasting your time on things you are not enthusiastic about, you will certainly achieve nothing great by engaging in such enterprises.

Find where your enthusiasm lives and get into that...For that is the only way you can go through the journey of the possibility to find the door of the impossibility where 'Greatness' lies.

## **Week 52: This Is Why You Are Not Successful**

Despite the lousy nature of success, it is still achievable and many have beaten the obstacles to obtain their desire to succeed.

It is the difficulty in achieving success that makes it precious, enviable and worthy of the rapid chase. If it could be randomly picked, it would have been worthless and we would not spend our entire life chasing it.

In order to achieve anything precious in life, you must give away your precious time, commitment, strong efforts and dedication.

Maybe you have done all the above but success has still failed to show up. You are not alone and the reason is that, the dicey nature of success demands you have other special ingredients in conjunction with the above to belt it down.

Unlike obtaining other precious things, dedication, strong efforts, giving away your precious time and commitment without the 'magic' ingredient will not fetch you the success you desire.

The special ingredient needed in conjunction with the above to guarantee the success you desire is a special attitude. And that is "unless you're willing to have a go, fail miserably, and have another go, you will never see the face of success".

So you see, the main reason you are not successful dwells in your attitude. You have all it takes but as Philip Adams said "unless you're willing to have a go, fail miserably, and have another go, success won't happen".

### **Week 53: Live Your Life On Your Own Terms**

As much as we think we are free individuals journeying through life, many of us are slaves to others, and this is the reason why we fail to achieve much of what we really desire.

Most of our activities and the important things which define our existence are placed in the hands of others.

Are you one of the many people living their lives on unfavorable terms of others? How will you even know if you are one of these people? If you do any of the below things, then you are surely not living life on your own terms.

Do you consider your life as yours and take full responsible for whatever it brings? If you do not take your destiny into your hands and take charge of your life, then you are not living on your own terms.

Are you one of the many people who sit around hoping for the person who will give them the opportunity they so much need to make a break in their lives?

Instead of waiting, why not create opportunities for yourself? Waiting on someone for opportunities such as employment, happiness, comfort and success indicate that, you are living your life on someone's terms.

Do you extensively rely on people for encouragement, advice and directions instead of giving yourself encouragement when you need it? If you do any of the former, then you are not living life on your terms.

Apart from the fact that you will not be able to achieve much of what you really desire when you live on someone's terms, the terms will definitely not also be favorable to you.

All you will continue to do in life is to live the dreams of others, as if you do not have your own dreams. After all, we all sleep at night right?

To start living life on your terms, take control of your life by accepting full responsibility for every occurrence. Stop blaming others for your situation.

Get busy and chase your own dreams. And sooner than later, you will experience the outstanding happiness in living life on your own terms.

### **Week 54: How To Deal With Your Stubborn Problems**

A well known characteristic of any problem whether stubborn or not is the fact that, when left unattended, it gets bigger and bigger. Despite this known fact, many of us run away or hide from our problems, especially the very stubborn ones.

Dealing with stubborn problems is more of a skill than a talent. No one is born with the ability to overcome problems easily. However, with time, we learn and acquire substantial knowledge on how to deal with obstinate problems.

The key part of the problem solving knowledge is to understand that, a problem will never go away by simply hiding from it or running away. The most effective way to get rid of problems including the stubborn and stalking ones is to work through them.

You must recognize that, in each problem lies a unique opportunity, an opportunity for the creation of real value, and something substantive.

With that being said, it does not mean you should unnecessarily engulf your life with problems. It simple means, when they come along, you must not ignore them, but look into working through them.

And in doing so, do not overlook at the real value of 'experience and learning' that the problem will offer you.

Dealing with stubborn problems demands that, difficult and throbbing choices must be made. They may seem painful to make, but if the problem is ignored to safeguard these choices, the outcome will be much more painful.

Do not ever hide away from problems. That is not an option for any over comer or achiever.

If a problem hits you, gear up your lions and face it promptly with absolute confidence. In addressing or working through the problem, look for the hidden opportunity and make something out of it. If nothing at all, you will still have the experience as a treasure to keep forever.

### **Week 55: My Disappointment Is Better Than Your Nothing**

Disappointment is engraved in our journey through life and it comes up more often if we decide to chase success. Nevertheless, disappointment can be totally avoided in life but that is if you decided to do NOTHING...This is the greatest of all disappointments.

My disappointment fetched from doing something is far better than you doing nothing (greatest of all disappointments).

Things are not always going to be what we want and expect. That is part of the grand design of life. It is surely painful to be slapped with disappointment after having put in all that you have.

However, do not let disappointment stop you from doing anything. The path to success, richness and fulfillment is full of disappointments. You will meet it several times, but the beauty of these encounters is that, you learn and become stronger each time.

Maybe it will be more beautiful to escape disappointments altogether. But as mentioned, the only way to do this is not to embark on a journey at all. Just sit and watch.

What is more disappointing than never doing anything in life? Is that what you want? Why are you giving up your dreams because of a potential disappointment? Not ever knowing the outcome of something is more painful than it being a disappointing outcome.

Your disappointments are far better than anyone's nothing. If you do not step out to chase your dreams as a result of fears, your whole life will be a complete disappointment.

### **Week 56: How Positivity Pays In Life**

The concept of being positive and wishing for positive things is widely misunderstood. Even though positivity pays and being positive about things is recommendable, simply wishing for positive things without doing anything will not bring you anything. In fact, it may bring you negativity and disappointment.

On the other hand, spending a great number of hours worrying about what you do not want, or do not want to happen to you does not stop that thing from occurring. It is believed that, the more you spend your time and energy thinking and worrying about what you do not want, the more you give it power and increases the possibility of it occurring in your life.

As human beings, it is easy to fall into the deep pit of wishing without doing anything. Simply wishing or thinking about positivity will not bring it, however, thinking about not wanting the negativity gives it a great possibility of it happening, not fair right?

In order to avoid what you do not want and get the positive things you want, you've got to elevate yourself from the wishing and thinking level into the rank of doing something positive.

Doing something positive pays and it pays with positivity. We have the ability and strength to attract the positive things we want by working hard for them. Being hardworking, focused, positive and dedicated will fetch you the positive things you chase.

For you to be able to get the various positive things you want and not come in contact with the negative things you do not want, you have to realize that you must go beyond wishing/thinking...

All you got to do is to make good use of your precious time by persistently channeling the positive work and energy towards your wants.



### **Week 57: Getting Rid Of Your Needless Needs Is The Key To Happiness**

As human beings, many of us are under intense pressure to satisfy our needless needs, thereby curtailing the happiness and peace of mind we are supposed to enjoy as we journey through life.

Most of us are driven and far stretched to unbearable limits in our desire to satisfy our needs. But do we really need all those needs? The mere fact that you see something as a need in life does not really mean you need it or at that particular time, you have got to have it.

The assumption of needs is a complex discipline and many have tried to wrongly simplify it by saying, needs are those you cannot do without in life.

The above is not only wrong, it also fails to take into account the distinctiveness of us as individuals, our capabilities, strengths and weakness in satisfying our needs, including the fundamentals.

If your happiness and peace of mind is being curtailed by your desire to satisfy your needs, you must re-evaluate these needs to ascertain if you really need them.

Life is a lousy journey burdened by our own aspirations, it is therefore unnecessary to overload the struggles of life with needless needs. It kills the soul and never brings you the happiness you are supposed to have in life.

Does the mere fact that someone says you need something really indicate that you need it? And does the fact that everyone around you has something mean you also need it?

For you to have happiness and peace of mind, you have to begin to question your needs. Prioritize your needs in order of importance. Those needs which are not necessary or put unbearable pressure on your existence can be forgone.

You must concentrate on the needs that will fetch you real and lasting happiness. Let go of those needs you assume by virtue of assumption is a need...The fact is that most of the things you assume that you need, you do not really need them.

Set yourself free, embrace the happiness you deserve and have lasting peace of mind by simply locating those needless needs, and throw them out of the window.

Stop assuming more and more needs as you journey through life because all they do is to hold back your happiness. Start getting rid of those needless needs you have and happiness will follow you in your journey to success.

**Week 58: Your Success Dwells On Your Ability To Keep Moving...**

Since the concept of success is a journey and not a destination, our ability to keep moving when things are great and also when things are bad determines our success level in life.

After putting in all your energy, if the input fetches the result you were looking for, all you have to do is smile and embrace the achievement with humility. Then keep moving on...

On the other hand, if your input fetches a disappointing result, you have to welcome the setback and failure with confidence, learn from it and then keep moving on...

Anytime you stop moving as a result of a setback or an achievement, you delay or shrink your success level...Remember the movement or journey is the success, not the destination you lodge in.

No matter where you find yourself, the only way to make things better is to keep moving. Do not be overwhelmed by your achievements, build on them by moving on. Look for new ways, energy and tactics to improve on your current situation. The movement must continue...

When you find yourself knocked off your planned path by failure, by an unexpected event, by disappointment or by sickness, your only choice and means of finding your way around things is to keep moving.

Life is intertwined with unexpected events and challenges. The only way you can master and take control of these unexpected events is to find your way back unto path when they happen. And to do this, you have to keep moving...

Life will always throw things at you. These things would hit and hurt you more if you stay at a spot for long. Your movement keeps you away from these obstacles and distractions; so keep moving...

Moving on when all is great increases your success level. Moving on when it is bad fetches success, so keep moving.

Anyway, what is life without making a journey? The moment you stop moving, you stop living...Keep moving because your success dwells on that. Keep moving because that is life.

### **Week 59: Life Without Problems & Difficulties Is No Life**

One thing we will all agree on is that, life is difficult. The difficulties of life breed several problems. However, the difficulties of life are not what makes life thorny, rather trying to avoid these difficulties.

So life is difficult but it is not so difficult, what makes it so difficult is our attempts to avoid the difficulties.

Instead of embracing the difficulties of life and working hard to overcome them, we make life extremely difficult by trying to avoid the difficulties.

There can never be life without problems or difficulties but there can be life with less difficulties and problems. When we acknowledge that life is difficult and will always have difficulties, it becomes much less difficult.

Also, when we acknowledge the problems and challenges of life and begin to face them with full armor instead of running away, the challenges become much less challenging.

It is pretty useless to spend a great deal of time and effort trying to avoid the difficulties of life when you could have used the same time and effort to face these difficulties, fight and conquer them. After all, you will learn a lot from the problems when they are solved, and you would have overcome or killed something.

Remember that, every new problem comes with a new opportunity and platform to help us build our lives.

I have heard people naively say, a beautiful life is that which comes without problems. Forgetting that, the problems and challenges are the stones upon which we build a meaningful life.

Life will be far better and easier without problems and challenges, but if that was the case, it would not be called 'Life'. The problems and challenges are the defining ingredients of life.

Stop looking for a life without problems. Stop trying to avoid difficulties and problems in life. Rather acknowledge and face these problems as they come.

Living a good life is certainly not living a problem free life, but rather living a life with fewer problems. The way to have fewer problems in your life is not by avoiding them, but by fighting and conquering them.

Spending time and energy to avoid difficulties and problems in life is pretty useless, because you will meet them again. Just face them and kill them.

## **Week 60: Finishing Brings Absolute Fulfillment & Adds Value To Your Life**

How many of us have not abandoned a dream, a journey or an action in life? Apart from the ample number of times that gets wasted during such unfinished enterprises, we do not also achieve any sort of fulfillment from these actions.

Getting things finished in life has real value and adds great substance to our existence. Even if fulfillment is not enough for you, the fact that you did not discard something you started is an achievement.

If it ever comes to a time when you have to choose between attaining perfection and getting it finished, go for the latter.

Your life is one big puzzle in need of a fix, leaving things unfinished makes it more confusing and difficult to follow through.

Why do you waste your time wishing for things? Just go ahead and get it done. Finish what you have started and then you can proceed to consider new things.

Great achievers and successful individuals are those who follow through their intentions, commitments and get things finished.

Every new piece of journey you get finish in life adds value to your life. Those you abandon bring regret. So stand by your visions, push through to the end your dreams and achieve the ultimate satisfaction which lies at the finishing point.

If anything was important to have been started by you, then it is also important that you go through with it. Do not be swept away by the difficulties you encounter.

Do not thrust aside what you have already started because a new concept looks like a perfect alternative. Nothing valuable comes from idleness, so get busy with your time and work though the hard times to finish what you have started.

Life is full of greatness, power and satisfaction but none of these can be achieved without following a path through its hard and difficult turns.

When it is all done and finished, real fulfillment will be achieved; it engulfs and dwells in all accomplished missions. And the beauty of it all is that, you still would have learnt a lot throughout the whole journey.

At every finishing line lies an absolute fulfillment, followed by unending opportunities. So get it finished before you regret it!

**Week 61: Decide Now...**

Despite the known fact that our decisions determine our achievements and non-achievements, our joy and opulence, many of us are still stuck and struggling to decide on some of the most important things in our lives.

Our decisions are the stones upon which we build our dreams, thoughts and visions. To decide on anything therefore is the most crucial and significant action that shapes our lives.

We must begin to decide and we will realize the magic of making those decisions. A non-decisive mind is pretty much like a worthless mind.

As we journey through life, we must begin to put more thought and effort into our decisions. More importantly, we must decide on things and decide them now.

Decide to rise above all the trivial distractions on your way to greatness, and you're already on your way there.

Decide to be happy, and you will have all of what it takes to make yourself and even those around you happy.

Decide there are reasons those challenges have come your way, decide there are priceless lessons and opportunities hidden in those challenges and then you will spot them all.

Do not be overwhelmed by the hurricanes of life, because they will affect your decisions. Stay calm always and even at the lowest point of life, decide!

Do not leave your power to make decisions into the hands of any other person. No one must decide for you, you have to decide on all things as they come.

Remember life is a beautiful rainbow full of colors; decide on which colors to pick and which colors you will mix. Decisions are crucial and you must always stay relevant in your picks because the whole of life is all about choices. The choice you decide to fly on, determines where you will land.

**Week 62: Life Is Shorter Than You Think So Live Today To The Fullest!**

Even though we all know our life on earth is not timeless, we do not realize how short life is for us. A majority of us sees life as far longer than it is in reality.

Since we think our existence is far longer than it really is, we are failing to live our lives to the fullest with constant procrastination plaguing our everyday lives.

All we have is today and instead of embracing today with everything we have, we seem to see more worthiness in tomorrow when we are not even sure of what tomorrow will bring to us.

An event last week pushed me into thinking about how short life is for us all. It knocked me to realize that fighting for a better tomorrow is quite useless in many ways. Why don't we fight for a better today instead of tomorrow?

There are countless things we will want to do, see or achieve before our lives on earth come to an end. Most of these things are projected into tomorrow when we can kick start them today.

We seem to spend enough energy seeking to better tomorrow, and in doing so, forgetting to live for today. Why are we wasting so much time on what we do not have and little or no time on what we already have? Why do we appreciate tomorrow so much than today, something we can boldly say we have?

Life is a beautiful journey but it is the non timeless nature of life which makes it what it is...Until we begin to see that life is far shorter than we think by beginning to live each day to the fullest, we will never see the hidden beauty and fulfillment that comes with life.

What is it that you want to do or want to be? Start being that thing now. Do you want to be a good friend, a good daughter or son, a kind or helpful individual? Start being it today because the tomorrow you wish for may never come to you.

Anytime I think about the non timeless nature of life, I remember what Mark Twain once said. "Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."

Even if tomorrow reaches you and you have chased the things that you want in life without achieving the results you really wanted, you will not be much disappointed. You will be more disappointed by those things that you did not do and left them for tomorrow.

Look at the length of life with all the cynicism you can by doing much for yourself, your family and friends today than you think you can do tomorrow.

Each day you wake up; remember that is all you have, the tomorrow we worry about may never come so why leave all your important eggs to be cracked tomorrow?

Whether you decide to live life to the fullest each day or not, the fact remains; life is far shorter than you think. Live it or leave it!

### **Week 63: Being You Brings Real Success & Fulfilment**

Life is a difficult struggle which must be overcome to achieve true success and fulfilment. Until a challenge is beaten, a hurdle is jumped and problems solved, there can never be real success and fulfilment.

Real success is not what someone hands down to you. It is what you sweat to accomplish.

Success and fulfilment therefore demand some hard work. Achieving these two things becomes extra difficult and even impossible if you are not being 'you' but rather someone else.

Have you ever heard the popular saying, "trying to be anyone else is a waste of the person you are"?

If you have not come across the above, you surely must have heard of "it is better to fail in originality than succeed in imitation".

The beginning of true success is when you define who you are and decide to pursue what you believe in as a person, and not waste the beautiful individual that you are by trying to be someone else.

If it is hard enough to live in your own world, what do you think it will be to live in the world of another? You may achieve some sort of temporal residency in the world of another, but it will not last and it will not bring you real success and fulfilment.

True success is never about being seen as someone else or being able to get the things you want by all means. It is about achieving what you need and want by being you, living on your own terms and working through challenges as the authentic person you are.

Running the race with your own strength is what brings the real success and fulfilment, not the result or shout of glory.

Live within your world, enjoy the person you are and instead of killing yourself to impress the people around you, simply do the things that matters to your heart. Be honest with yourself by being you.

Do not be swayed into having to impress anybody because you are not in this world to live up to anyone's expectation, except yourself.

Being you will enable you to fight your way to the top with ease. It will not be a difficult fight because you are being yourself and will be walking in your own shoes.

Do not be coerced into anything, set your own highest personal standards and work your way to them. When you finally achieve these things, they will bring you real fulfilment because they really matter to you. True success is when you achieve those things that really matter to your heart...



**Week 64: Why Choosing Enjoyment Will Bring You The Greatest Success...**

Life is beautiful and must be fully enjoyed. In fact, life is full of enjoyment and it is up to us to open our hearts to receive the joy of life. The joy of life is not embedded in how things are, but it is hidden in how you are as an individual.

Most times, we forget that enjoyment is not a reaction of how things are but rather a strong decision on how to be and live.

For instance, a decision to do a job that we enjoy is what we must consider, not looking to find enjoyment in a job we do not like.

Most of us see enjoyment as something which must find us or be given to us by others. However, enjoyment is a profound gift we can continually give to ourselves by making the first big decision to have it in our lives.

If the joy you find in life is dependent on others and the happenings around you, then you got to realize how fragile and uncertain the joy is. No doubt events and people can temper with our joy but the joy of our entire existence must come from us.

We must first recognize life as a joyful journey and make a conscious decision to enjoy every bit of it. Even in times of disappointment, we can only bounce back and work our way through the obstacles when we begin to enjoy the challenges that befall us.

The best part of enjoyment is that, when you enjoy whatever you are doing, you are able to do it best and more productive.

The joy of life is not an external circumstance, it is within us and it is up to us to unleash it into our lives.

If you are ever placed at a corner to choose between enjoyment and riches, make sure you go for the former. Enjoyment will see you through all challenges to obtain greatness.

Learn to spend each day of your life in joy by forging forward and doing the things you enjoy most. When the time comes for you to do the things you hate but must be done, make a decision to enjoy it.

Smile through the difficult challenges by seeing them as just a minute part of the bigger joyful life you have.

**Credit:**

I have used a few quotes from some prominent individuals in explaining and backing up my messages in this publication.

I think it is necessary to mention these influential people and their quotes at the end of this book (even though I have always mentioned them anywhere I used their quotes within the book).

1. *"When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us."...Helen Keller.*
2. *"Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover." Mark Twain.*
3. *"A successful man is one who can lay a firm foundation with the bricks others have thrown at him". David Brinkley.*
4. *"....we should do what we love and believe in and then success will come naturally". David Frost.*
5. *"An error does not become truth by reason of multiplied propagation, nor does truth become error because nobody sees it". Mohandas Gandhi.*
6. *'stubbornly persist, and you will find that the limits of your stubbornness go well beyond the stubbornness of your limits'. Robert Brault.*
7. *"the difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather a lack in will". Vince Lombardi.*
8. *"Never continue in a job you don't enjoy. If you're happy in what you're doing, you'll like yourself, you'll have inner peace. And if you have that, along with physical health, you will have had more success than you could possibly have imagined." Johnny Carson.*
9. *"Strength does not come from winning. When you go through hardships and decide not to surrender, that is strength". Mohandas Gandhi.*
10. *"at least eighty percent of millionaires are self-made. That is, they started with nothing but ambition and energy, the same way most of us start". Brian Tracy.*
11. *"unless you're willing to have a go, fail miserably, and have another go, success won't happen". Philip Adams.*

12. *"The most important single ingredient in the formula of success is knowing how to get along with people". Theodore Roosevelt.*